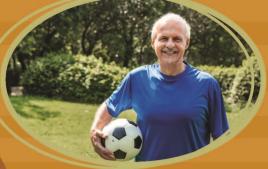
City of Glendale, Community Services & Parks

City of Glendale, Comm







PROGRAMS, ACTIVITIES AND PARKS!

PACIFIC POOL NOW OPEN YEAR ROUND!











#### WHAT'S INSIDE

3	Greetings from the Director
4	E-Newsletter Information
5-13	Special Events
14	Special Events - Historic Facilities
15	Special Events - Seniors
16-17	Party Packages
18	Aquatics - Program Information
19	Splash Pads
20	Day Camps - Thanksgiving Break
21-23	Day Camps - Winter Break
24	Specialty Camps - Winter Break
25	Glendale Youth Alliance
26-27	Youth & Family Services
28-29	Drop-In Programs
30-31	Trails & Open Space
32-33	Verdugo Skate Park Programs
34	Contract Class Information
35-36	Youth Classes
37-41	Youth Sports
42-44	Adult Classes
45-47	Adult Sports
48	Registration Information
49	GCC Senior Classes
50-52	Senior Classes
53-55	Activities for Seniors
56-57	Senior Services
58	Filming in Parks & Community Buildings
59	Historic Buildings in Glendale Parks
60-61	Tours of Historic Facilities in Glendale Parks
62-74	Facility Reservations
75	Phone Directory
76	Facility Information
77	Map of Glendale Parks

#### **City Council**

Honorable Ara Najarian, *Mayor* Council Members:

Vrej Agajanian, Paula Devine, Vartan Gharpetian, and Frank Quintero

#### Parks, Recreation & Community

#### **Services Commission**

Susan Wolfson, *President Pro Tem* Dveen Babaian, *Secretary Pro Tem* 

Commissioners:

Katharine Eberle, Ara Kalfayan, and Grant Michals

#### **CDBG Advisory Committee**

Ronnie Gharibian, *Chair* Armik Avedisian, *Vice Chair* Committee Members:

Zanku Armenian, Noraier Ghazarian, and Lila Ramirez

#### **Management Services**

Yasmin Beers, *City Manager*Roubik Golanian, *Assistant City Manager*John Takhtalian, *Deputy City Manager* 

#### **Community Services & Parks**

Onnig Bulanikian, *Director*Tereza Aleksanian, *Deputy Director - Admin, R&CS, Human Services*Koko Panossian, *Deputy Director - Park Services*Judith Velasco, *Workforce Development Administrator*Ivet Samvelyan, *Community Services Manager - Homology Braggers* 

Ivet Samvelyan, Community Services Manager - Homeless Programs Maggie Kavarian, Sr. Comm Svcs Supv - CDBG, Human Services Gabrielle Goglia, Sr. Community Services Supervisor - R&CS Sevag Garabetian, Sr. Community Services Supervisor - R&CS

#### **SATISFACTION GUARANTEE**

Satisfaction is guaranteed on all programs. If you are not satisfied with the quality of our programs, for any reason, we encourage you to contact us immediately so that we can work to resolve your concerns and improve the quality of our programs for all participants.

Si tiene necesidad de interpretación, favor de llamar al (818) 548-2782.

Հայերեն տեղեկությունների համար զանգահարել հետևյալ հեռախոսահամարով (818)548-2000 Administration Office: (818) 548-2000





#### GREETINGS FROM THE DIRECTOR



Fall 2019

Summer is almost over, but the fun continues, and the Community Services & Parks Department is making sure of it! We've planned a variety of fall programs for all ages and interests.

People of all ages can enjoy dance, sports, visual arts, fitness and wellness classes for all skill levels.

Preschoolers and their parents can enjoy Tot Time together. Youth can drop-in at Maple Park's After-School Club, join us for Teen Night Out every other Friday at Pacific Community Center, and look forward to our Thanksgiving and Winter break camps. Fall 2019 will also see the beginning of the fifth year of the Community Services & Parks One Glendale Afterschool Youth Sports Program, a collaboration between the City, Glendale Unified School District, and Glendale Parks & Open Space Foundation, providing after school sports for students in the 4<sup>th</sup> and 5<sup>th</sup> grades at eight south Glendale schools.

Families can enjoy the great outdoors by participating in our popular Trails & Open Space Program or visiting the historical buildings in our parks. Parents, if you need some time alone, we'll take care of the kids on select Friday nights at Pacific and Sparr Heights Community Centers as part of our Parent's Night Out program.

Seniors will be the life of the party at the Wild Wild West, Halloween, and Thanksgiving special celebrations at the Adult Recreation Center and Sparr Heights Community Center. They can also enjoy Karaoke on Tuesdays and Fridays, a mixer with dancing on Thursdays at the Adult Recreation Center, and much, much more.

A variety of human services are also available to seniors, youth and families, the homeless, and job seekers year round through the Community Services & Parks Department.

Look inside to find out more!

Respectfully,

Onnig Bulanikian, Director

Community Services & Parks Department

### COMMUNITY SERVICES & PARKS (CSP) MONTHLY E-NEWSLETTER

Get the most up-to-date information about what is happening in the Community Services & Parks Department by signing up to receive the department's monthly E-Newsletter. Learn about upcoming events, community meetings, registration deadlines, parks projects, ongoing programs and services, program success stories, and more.





E-mail us at CSP@glendaleca.gov, or click on the button above to be added to the e-mail distribution list.

(P.S. We never make your e-mail address available to any other company or organization.)



# PARENT'S NIGHT OUT

Friday, September 13, 2019

Pacific Community Center, 501 S. Pacific Ave. Glendale, CA 91204

Kids are back in school... time for you to take a break!

Drop off the kids for a night of fun activities, friends, food and movies. Participants are encouraged to bring pajamas, a blanket and a pillow.

Cost: \$15.00 per child

Ages: 5 - 12 years old

**Time:** 6:00 p.m. - 12:00 a.m.

### SPACE IS LIMITED



**Registration Starts** August 12, 2019

Call: (818) 548 - 4098



# CDBG Open House

September 19, 2019 at 3:00 p.m.

Adult Recreation Center 201 E. Colorado Street ,Glendale, CA 91205

Want to Know ....

Who is eligible? What are the requirements? How do I apply?

Non-Profits are invited to attend and learn the fundamentals of federal funding for the upcoming 2020 CDBG grant cycle.



Each year the City of Glendale's
Community Development Block Grant
program provides social service and
capital improvement grants to local area
non-profit organizations who serve
low- to-moderate income individuals in our
community.

For more information, call (818) 548-2000 or (818) 548-3715



Facility is accessible to persons with disabilities.

In compliance with the Americans with Disabilities Act (ADA) of 1990, assistive listening devices are available upon request. Requests must be submitted 24 hours in advance. Please contact

(818)548-2000 to submit a request.





The City of Glendale invites residents to a...

### **COMMUNITY MEETING**

How to Improve Your Neighborhood



Thursday, October 3, 2019 7:00 PM

**Pacific Park Community Center** 

501 S. Pacific Ave Glendale, CA 91204

Learn about City funded social services, housing programs, and public improvements that benefit your neighborhood. Give us your comments on community needs as a resident of the City of Glendale.

For more information, please call (818) 548-2000 or visit www.Glendaleca.gov/cdbg





In compliance with the Americans with Disabilites Act (ADA) of 1990, assistive listening devices are available upon request. Requests must be submitted 24 hours in advance. Please contact (818) 548-3715 to submit a request.



Sparr Heights Community Center is hosting...

# PARENT'S NIGHT OUT

Friday, October 4, 2019

Sparr Heights Community Center, 1613 Glencoe Way, Glendale CA 91208

Drop off the kids for a night of fun activities, friends, food and a movie at Sparr Heights Community Center. Participants are encouraged to bring pajamas, a blanket and a pillow.

Cost: \$15.00 per child Ages: 5 to 12 years old Time: 6:00 p.m. to 12:00 a.m.

# SPACE IS LIMITED



Registration Starts: August 19, 2019

Call: (818) 548-2187

Parents receive a \$10.00 Montrose Shopping Park scrip to use anytime at most MSP shops and restaurants. They never expire!





# PARENT'S NIGHT OUT

Friday, November 22, 2019

Pacific Community Center, 501 S. Pacific Ave., Glendale, CA 91204

#### **Date Night Before the Holidays!**

Drop off the kids for a night of fun activities, friends, food and a movie at Pacific Community Center. Participants are encouraged to bring pajamas, a blanket and a pillow.

Cost: \$15.00 per child Ages: 5 to 12 years old Time: 6:00 p.m. to 12:00 a.m.

### SPACE IS LIMITED



Registration Starts: August 19, 2019

Call: (818) 548-4098



# ARENT'S NIGHT OUT

Friday, December 6, 2019

Pacific Community Center, 501 S. Pacific Ave., Glendale, CA 91204

Take a break from the kids just before the holiday season! Drop off the kids for a night of fun activities, friends, food and a movie at Pacific Community Center. Participants are encouraged to bring pajamas, a blanket and a pillow.

> Cost: \$15.00 per child Ages: 5 to 12 years old Time: 6:00 p.m. to 12:00 a.m.

# SPACE IS LIMITED



**Registration Starts:** November 12, 2019

Call: (818) 548-4098



# PARENT'S DAY OUT

Sunday, December 8, 2019

Pacific Community Center, 501 S. Pacific Ave., Glendale CA 91204

The Holidays are near, it's time for you to "Drop and Shop!"

We'll take care of the kids while you catch up on your holiday shopping list. The kids will enjoy a day filled with fun activities, food, and a movie.

Cost: \$15.00 per child Ages: 5 to 12 years old Time: 10:00 a.m. to 6:00 p.m.

### SPACE IS LIMITED



Registration Starts: November 12, 2019

Call: (818) 548-4098

#### SPECIAL EVENTS - HISTORIC FACILITIES

#### "Shoseian" Whispering Pine Teahouse & Friendship Garden

Inside Brand Park, 1601 West Mountain St., Glendale, CA 91201; (626) 390-0633

Join the Friends of the Shoseian Teahouse every third Sunday of the month for these family friendly events. Please visit <a href="https://www.shoseianteahouse.com">www.shoseianteahouse.com</a> for the most up-to-date information.

#### Please RSVP to: friends@shoseianteahouse.com

#### Ukiyo-e - Wood Block Prints of Japan - Their Stories and Meaning

The colorful and intricate wood block prints from Japan all have stories attached to them. Listen to an expert in this art form reveal the stories attached to the art through a slide show and actual wood block prints. Bring your own for interpretation, too!

**Date:** August 18, 2019 **Time:** 11:00 a.m. - 1:00 p.m.

Donation: \$20

#### Japanese Internment Camps - A Hidden History

Watch the short movie (33 min) "Stand for Justice" about a Hispanic high school boy whose best friend and family are shipped off to an Internment Camp. See how friendship can conquer prejudice and hate. Then, we'll hear local resident, Glenn Yamada, talk about his experience of being born in an internment camp. A 20 min. documentary was made of his experience, and we will watch this and then answer questions.

**Date:** September 15, 2019 **Time:** 11:00 a.m. - 1:00 p.m.

Donation: \$20

#### Anime, Manga and Cosplay - Modern Japanese Art, Action and Play

Come have fun with us as we learn about and experience these different art forms.

**Date:** October 20, 2019 **Time:** 11:00 a.m. - 2:00 p.m.

**Donation:** FREE



#### SPECIAL HOLIDAY CELEBRATIONS FOR SENIORS

Participants must call ahead and make reservations at least 1 week prior to the event.

- ♦ For reservations at the Adult Recreation Center, call (818) 548-3778.
- ♦ For reservations at Sparr Heights Community Center, call (818) 548-2187.

#### **Summer Luau**



Enjoy a special lunch and decorations inspired by the Polynesian Islands. Don't forget to wear your favorite Hawaiian shirt or muumuu.

Fee: \$2.50 for lunch\*

**Date:** Thursday, August 15, 2019 **Time:** 10:00 a.m. - 1: 00 p.m.

#### Wild West Party



Dust off your cowboy boots, put on your jeans, find that flannel shirt, and come join us for a western-themed lunch.

Fee: \$2.50 for lunch\*

Date: Thursday, September 19, 2019

**Time:** 10:00 a.m. - 1:00 p.m.

#### Halloween Celebration



It's that time of the year again when the witches, ghosts and goblins can come out to play! Enjoy a spooktacular lunch and Halloween haunt at the Adult Recreation Center or Sparr Heights Community Center. Wear your costume and participate in the Costume Contest.

Fee: \$2.50 for lunch\*

Date: Thursday, October 31, 2019

**Time:** 10:00 a.m. – 1:00 p.m.

#### Thanksgiving Luncheon



Celebrate Thanksgiving with your Adult Recreation Center or Sparr Heights Community Center friends. A delicious holiday lunch with all the trimmings will be served.

Fee: \$2.50 for lunch\*

Date: Thursday, November 21, 2019

**Time:** 10:00 a.m. – 1:00 p.m.

\*\$2.50 donation for lunch for seniors 60 years of age or older and their spouses regardless of age. Non-seniors pay \$4.75 per person.

### Mobile Recreation

### Party on the Go!

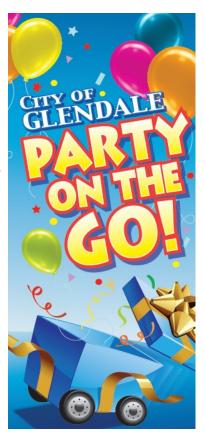
Each party package is designed for children ages 5 - 12 and will include arts and crafts, sports and games. The basic "Party on the Go!" package will include two staff for two hours and 6 games/activities for up to 12 children. Additional fees will apply for larger packages.

#### FEES for PARTY ON THE GO!:

Standard pricing: \$300 for the first 2 hours \$100 for every hour thereafter (Non profit rates available upon request and approval with proper tax status documentation)

Half of the total rental fees are due at the time of reservation to guarantee date.

> Programs limited to the Glendale and La Crescenta area.



#### Standard Package includes six (6) from the following:



#### Games Potato Sack Races

Capture the Flag

**Balloon Toss** 

Bingo

**Hula Hoop Contest** 

Frisbee distance Throw

**Obstacle Course** 

#### Arts and Crafts

Paint art

Clay art

Foamy art

Bead art

Wooden art

Glitter art

Coloring

For program information or to request a rental application, please call (818) 548-2188.

# Mobile Recreation Flicks on the Go!



#### Mobile Movie Package

Watching a movie under the moonlight brings back the days of the drive-in era and will surely have nostalgic appeal to families throughout our community. The Community Services & Parks Department can bring that feeling to your special event!

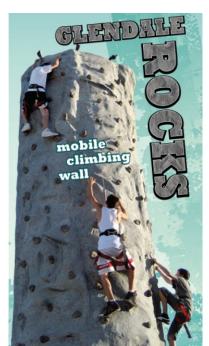
The Flicks on the Go! movie package includes:

- Large screen for viewing
- High power video projection or 1080P high definition via our 15 foot by 8.5 foot LED Screen
- High Power Sound System
- 3 employees for delivery, installation, operation and breakdown
- A popcorn machine and craft tables are available for an additional fee

For program information, please call (818) 548-2188.

# Gendale Rocks!

#### Climbing Wall



Glendale Rocks! portable climbing wall is 26 vertical feet of pure fun and excitement! The wall can be used for fundraisers, company events, grand openings, physical education classes or special events. The wall can handle 4 climbers at a time and up to 45 climbers per hour. The standard rental package will include two employees, the wall, and safety equipment for a two hour period.

Standard pricing: \$300 for the first 2 hours \$100 for every hour thereafter (Non profit rates available upon request and approval with proper tax status documentation)

Half of the total rental fees are due at the time of reservation to guarantee date.

Programs limited to the Glendale and La Crescenta area.

For program information, please call (818) 548-2188.

#### **AQUATICS PROGRAM - NOW OPEN YEAR ROUND!**

For program descriptions, lesson times, and fees, please visit our website at <a href="https://www.glendaleaquatics.com">www.glendaleaquatics.com</a> or call (818) 937-7433. Pool is subject to closure during inclement weather conditions and/or in the event of water contamination.

#### Pacific Pool, located at 509 S. Pacific Ave., Glendale, CA 91204

#### **Programs/Events:**

- Recreation swim
- Instructional swim lessons for children and adults
- Rentals
- Lap swim
- Special aquatics events

Please visit <u>www.glendaleaquatics.com</u> for specific program information, or email Courtney Maglio at <u>cmaglio@glendaleca.gov.</u>



#### **SPLASH PADS**

Splash Pads are free water features for children and are available to any park visitors.

**Dates/Hours:** May 27 - September 6, 2019

11:00 a.m. - 6:00 p.m. Monday - Sunday (Daily)

September 7 - October 13, 2019

11:00 a.m. - 6:00 p.m. Saturdays & Sundays only

#### Locations:

Cerritos Park 3960 San Fernando Rd. Glendale, CA 91204



Pacific Community Center & Park 501 S. Pacific Ave. Glendale, CA 91204



#### **Kool Dayz Thanksgiving Camp**

Pacific Community Center 501 S. Pacific Ave., Glendale, CA 91204 For information, call (818) 548-4098



Not sure what to do with your child(ren) the week of Thanksgiving? Kool Dayz Camp is here for you! Kids will have fun making crafts, playing sports and games, competing in contests and making new friends. Campers must provide their own lunch, drink and snacks daily.

#### 3-Day Camp

**Dates:** Monday - Wednesday, November 25 - 27, 2019

(No camp Thursday, November 28 and Friday, November 29, 2019.)

**Ages:** 6 -12

	<u>Glendale</u>	No. Boddon E.	<b>T</b> '
	Resident Fees	Non-Resident Fees	<u>Times</u>
Day Long	\$51/week/child	\$60/week/child	9:00 a.m 4:00 p.m.
<b>Before Care</b>	\$12/week/child	\$12/week/child	7:00 a.m 9:00 a.m.
After Care	\$12/week/child	\$12/week/child	4:00 p.m 6:00 p.m.



Registration for Thanksgiving Camp begins on September 9, 2019

**Phone:** (818) 548-4098 or (818) 548-2184

Walk In: Pacific Community Center, 501 S. Pacific Ave., Glendale, CA 91204

#### **Kool Dayz Winter Camp**

Pacific Community Center 501 S. Pacific Ave., Glendale, CA 91204 For information, call (818) 548-4098



Kids will have fun making crafts, playing sports and games, competing in contests and making new friends. Campers must provide their own lunch, drink and snacks daily.

#### 3-Day Camp

**Dates:** Week 1: Monday, Thursday, Friday

Glandala

December 23, 26, & 27, 2019

(No camp on Christmas Eve & Day, December 24 & 25, 2019)

Week 2: Monday, Thursday, Friday

December 30, 2019 and January 2 & 3, 2020

(No camp on New Year's Eve & Day, December 31, 2019 and

January 1, 2020)

**Ages:** 6 - 12

	Resident Fees*	Non-Resident Fees	<u>Times</u>
Day Long	\$51/week/child	\$60/week/child	9:00 a.m 4:00 p.m.
Before Care	\$12/week/child	\$12/week/child	7:00 a.m 9:00 a.m.
After Care	\$12/week/child	\$12/week/child	4:00 p.m 6:00 p.m.

\* Glendale residents may be eligible to receive a scholarship or a discount for this camp. Please visit <a href="www.qlendaleca.gov/parks">www.qlendaleca.gov/parks</a> and click on Day Camps in the left navigation menu for scholarship and discount information as well as "Glendale Resident" information.

Scholarship/Discount applications are due by October 4, 2019 @ 5:00 p.m.



#### Registration for Winter Camp begins on November 11, 2019

**Phone:** (818) 548-4098 or (818) 548-2184

Walk In: Pacific Community Center, 501 S. Pacific Ave., Glendale, CA 91204

#### **Travelin' Teens Winter Camp**

Pacific Community Center 501 S. Pacific Ave., Glendale CA 91204 For information, call (818) 548-4098

Teen campers will explore fun Glendale locations and surrounding communities by foot. Teens will make new friends, go on a field trip, and chill with other teens.

#### 3-Day Camp

**Dates:** Week 1: Monday, Thursday, Friday

December 23, 26, & 27, 2019

(No camp on Christmas Eve & Day, December 24 & 25, 2019)

Field Trip: Lunch and Ice Skating

Week 2: Monday, Thursday, Friday

December 30, 2019 and January 2 & 3, 2020

(No camp on New Year's Eve & Day, December 31, 2019 and

January 1, 2020)

Field Trip: Lunch and a Movie at The Americana on Brand

**Ages:** 12 - 14

	Glendale Resident Fees*	Non-Resident Fees	<u>Times</u>
Day Long	\$51/week/child	\$60/week/child	9:00 a.m 4:00 p.m.
Before Care	\$12/week/child	\$12/week/child	7:00 a.m 9:00 a.m.
After Care	\$12/week/child	\$12/week/child	4:00 p.m 6:00 p.m.

<sup>\*</sup> Glendale residents may be eligible to receive a scholarship or a discount for this camp. Please visit <a href="www.glendaleca.qov/parks">www.glendaleca.qov/parks</a> and click on Day Camps in the left navigation menu for scholarship and discount information as well as "Glendale Resident" information.

Scholarship/Discount applications are due by October 4, 2019, @ 5:00 p.m.

#### Registration for Winter Camp begins on November 11, 2019

**Phone:** (818) 548-4098 or (818) 548-2184

Walk In: Pacific Community Center, 501 S. Pacific Ave., Glendale, CA 91204

#### **Sparr-Tacular Winter Camp**

Sparr Heights Community Center 1613 Glencoe Way, Glendale, CA 91208 For information, call (818) 548-2187

It's time for Winter fun at Sparr Heights Community Center! Children ages 5-12 will enjoy games, crafts, and a special treat on Fridays. Children must bring a sack lunch each day of camp. Registration is on a weekly basis.

#### 3-Day Camp

Dates: Week 1: Snow Much Fun Monday, Thursday, Friday

December 23, 26 & 27, 2019 (No camp on Christmas Eve & Day.

December 24 & 25, 2019)

Week 2: Pajama Party Week Monday, Thursday, Friday

December 30, 2019 and January 2, 3, 2020 (No camp on New Year's Eve & Day, December

31, 2019 and January 1, 2020)

**Ages:** 5 - 12

Fees: <u>Glendale Resident\*</u> <u>Non-Resident</u> <u>Times</u>

\$39/week/child \$48/week/child 12:00 p.m. – 6:00 p.m.

\* Glendale residents may be eligible to receive a discount for this camp. Please visit <a href="www.glendaleca.gov/parks">www.glendaleca.gov/parks</a> and click on Day Camps in the left navigation menu for scholarship and discount information as well as "Glendale Resident" information.

Discount applications are due by October 4, 2019, @ 5:00 p.m.



Registration for Winter Camp begins on November 11, 2019

**Phone:** (818) 548-2187 or (818) 548-2184

Walk In: Sparr Heights Community Center, 1613 Glencoe Way, Glendale, CA 91208

### Maximum Potential Basketball Winter Break Camp

Pacific Community Center 501 S. Pacific Ave., Glendale CA 91204 For information, call (818) 548-4098



Hoopapalooza is designed to help improve an individual's strength, knowledge, and overall development of basketball. Join this camp TODAY and you will be able to fulfill your aspirations. Learn the basics and advanced movements of the game. We will also cover dribbling, passing, shooting, and agility. ALL SKILL LEVELS ARE WELCOME!!!!

Mark Herring of Hoopapalooza Inc will be the instructor. Coach Herring is a native of North Carolina and has worked with the likes of Coach

Krzyzewski ("Coach K", Duke University's Men's Basketball Team), Carmelo Anthony, Kobe Bryant and other NBA Stars. COME JOIN THE FUN!!!!!

#### 3-Day Camp

**Dates:** Monday, Thursday and Friday, December 23, 26 & 27, 2019

**Ages:** 5 - 9

	<u>Number</u>	<u>Fee</u>	<u>Time</u>
Half Day	360804-01	\$75/week/child	9:00 a.m 1:00 p.m.
Before Care	362402-01	\$20/week/child	7:00 a.m 9:00 a.m.

#### 3-Day Camp

**Dates:** Monday, Thursday and Friday, December 30 and January 2 & 3, 2020

**Ages:** 9-16

	<u>Number</u>	<u>Fee</u>	<u>Time</u>
Full Day	360804-02	\$105/week/child	9:00 a.m 4:00 p.m.
Before Care	362402-01	\$ 20/week/child	7:00 a.m 9:00 a.m.
After Care	362403-01	\$ 20/week/child	4:00 p.m 6:00 p.m.





Make a difference in our community by investing in our local youth and hiring through GYA!

#### **Business Owners**



#### Need additional help with your operations?

Hire through the GREAT program and we can place an employee in a short time frame. It's easy and hassle free. GYA will provide pre-screened youth, cover the workers' compensation insurance and payroll. Your business will be billed bi-monthly for the youth wages. Call us today at (818) 937-8056.

For more information about GYA programs, please call (818) 937-8073 or visit us at www.glendaleyouthalliance.org

Like us on Facebook and stay connected!

#### **Private Property Owners**



Hire our supervised teams to perform hillside brush clearance on your property for a reasonable fee. GYA teams can also be hired for other general labor tasks. All work teams are fully insured, supervised and have their own tools and transportation. Reasonable Prices! Quality of work guaranteed!

Services Available:

- Hillside clearance
- Yard maintenance
- Landscaping
- Brush abatement & clearance
- Property clean up and general labor tasks
- Mudslide prevention work

For a free estimate, call (818) 548-3727.



#### YOUTH & FAMILY SERVICES PROGRAM

Pacific Community Center, 501 S. Pacific Ave., Glendale, CA 91204

Hours: Monday - Friday, 9:00 a.m. - 6:00 p.m. For more information, call (818) 937-7247

The Youth & Family Services Program is designed to provide free information and referral services to at-risk youth and their families. The program supports the family unit by providing guidance in decision-making and connecting individuals with supportive services in the community.

#### **Eligibility:**

Youth 13 - 17 years of age and young adults 18 - 21.

No income or residency requirements.

Self-referrals and referrals from local agencies are accepted.

#### Services provided:

Information & referral, transportation support, utility assistance, connecting individuals to community providers regarding a variety of social issues which include, but are not limited to: employment, community service, health & wellness, housing/unstable living situations, and legal matters.

Juvenile Ultimatum Service Training (J.U.S.T) - A service component that provides youth the opportunity to complete mandated community service hours through a balanced and restorative justice, community service learning, community protection and competency development process.

#### **GLENDALE TEEN NIGHT OUT**



Glendale Teen Night Out is designed to provide FREE activities that include billiards, ping pong, karaoke, PS4, and educational workshops. Workshops cover topics that include teen vaping, cyberbullying, health and wellness, and many others for teens ages 13-17. Light refreshments provided.

Community Center Youth Activity Card required to participate. Youth Activity Cards are FREE.

For more information, please call (818) 937-7243.

**Location:** Pacific Community Center

501 S. Pacific Ave. Glendale, CA 91204

**Day:** Every Other Friday

**Time:** 5:00 p.m. - 9:00 p.m.





#### **@MyGlendaleTeens**

#### @MyGlendaleTeens Now on Instagram!

Follow us on Instagram to find out the latest info on volunteer and job opportunities, special events, educational workshops, and places to hang out for teens!

For more information, call: (818) 937-7243.

#### **Become a Teen Volunteer**

#### Want to volunteer?

- 1. Are you at least 14 years old?
- 2. Can you commit to 50 hours per year?
- 3. Do you have one of the following forms of identification?
  - California Driver License
  - California Identification Card
  - U.S. Passport
  - Military Identification Card
  - Green Card
- 4. Can you volunteer on weekends?



If you answered yes to all of the above, please call Jackie at (818) 937-7243, or e-mail her at jbaliton@glendaleca.gov to schedule an appointment.

#### THERAPEUTIC RECREATION FOR YOUTH AND ADULTS

Location: Maple Park Community Center, 820 E. Maple St., Glendale, CA 91205

#### **Get Fit**

Get Fit is a free program designed to improve the health status of adults with intellectual disabilities by focusing on nutrition, healthy meal planning, monthly weigh-ins and measurements, stretching and conditioning. Activities are age and skill appropriate.

Day: Mondays

**Time:** 5:00 p.m. – 7:00 p.m.

#### Club Maple

Club Maple is a free program open to adults with intellectual disabilities which provides an opportunity for individuals to experience positive, healthy, recreational, cultural, educational, and social experiences. Activities are age and skill appropriate.



Day: Thursdays

**Time:** 5:30 p.m. - 8:00 p.m.

#### Maple Inclusive Play Day

Maple Inclusive Play Day (MIP Day) creates an opportunity for families with children of special needs to come to the park, network with each other and allow their children to socialize, all centered around the new Shane's Inspiration all-inclusive playground. Crafts appropriate to all abilities will be available.

**Day:** Third Saturday of each month

Dates September 21, October 19, November 16, December 21, 2019

**Time:** 11:00 a.m. - 1:00 p.m.

For program information, please call (818) 548-3783.

We are recruiting volunteer fitness, wellness, and nutrition instructors. For information, please call (818) 548-3783.

#### SPECIAL NEEDS ACCOMODATIONS

The Community Services & Parks Department will provide any reasonable accommodation upon request. Please contact us at (818) 548-3783 at least 72 hours prior to the start of the event.

#### YOUTH PROGRAMS



#### Maple Park and Sparr Heights After School Club

The After School Clubs at Maple Park and Sparr Heights Community Centers are free and fun drop-in after school programs for children ages 8 to 17. Recreation Leaders provide general supervision and programming. Maple Park Community Center offers a recreation room with foosball, ping pong, air hockey, and other gaming activities. There is a computer lab with internet and video games. There is also a full-court gymnasium which offers drop-in basketball for youth. Sparr Heights Community Center offers lots of activities within the center including Table Tennis, Wii, Karaoke, Billiards, and other gaming activities. The entire center has FREE WiFi. Our Garden Room and South Patio are excellent locations to do homework.

**Location:** Maple Park Community Center, 820 E. Maple St., Glendale, CA 91205

Days: Monday through Friday 2:00 p.m. - 5:00 p.m.

For more information, please call (818) 548-3694.

**Location:** Sparr Heights Community Center, 1613 Glencoe Way, Glendale, CA 91208

Days: Tuesdays, Wednesdays, Thursdays

**Time:** 3:00 p.m. - 6:00 p.m.

For more information, please call (818) 548-2187.

A responsible adult/guardian must accompany all children under eight (8) years of age. This program is designed to provide supplemental activities for your child after school, and not to provide childcare.

#### **Tot Time**



Tot time is a FREE drop-in program for preschoolers (ages 5 and under) and their parents. The center provides play equipment and toys while parents provide the supervision. No registration required.

Location: Maple Park Community Center, 820 E. Maple St., Glendale, CA 91205

**Days:** Mondays and Wednesdays

**Time:** 10:00 a.m. - 12:00 p.m.

For program information, please call (818) 548-3694.

**Location:** Pacific Community Center, 501 S. Pacific Ave., Glendale, CA 91204

**Days:** Tuesdays and Thursdays **Time:** 10:00 a.m. - 12:00 p.m.

For program information, please call (818) 548-4098.

Pacific Park Library offers stories and crafts on Thursdays from 10:30 a.m. - 11:00 a.m.

#### **TRAILS & OPEN SPACE PROGRAMS**

For information, please call (818) 548-3795.

RIVERWALK WORKDAYS

Glendale Narrows Riverwalk

**Corner of Paula Avenue and Garden Street** 

Saturdays: August 17, 2019 | September 14, 2019 | October 12, 2019

8:00 a.m. - 12:00 p.m.

Join us down by the riverside as we work to remove invasive plants from the landscaped areas along the L.A. River. Participants are asked to wear sturdy shoes, protective clothing, and bring sunscreen, sun glasses and a hat. We'll provide tools, gloves, drinks and snacks. Families, individuals, clubs, and students needing community service hours are welcome. Groups of 10 or more, please RSVP by calling (818) 548-3795.

WILDERNESS WORKDAYS

Deukmejian Wilderness Park

Saturdays: August 24, 2019 | September 21, 2019 | October 19, 2019

8:00 a.m. - 12:00 p.m.

Help us water our Douglas Firs and Coast Live Oaks, assist with trail repairs, and remove invasive species from the park. This program is perfect for students who need community service hours. Community and youth organizations are welcome. Please wear sturdy shoes, and bring a hat, sunscreen, and protective clothing. Drinks and snacks will be provided. Groups of 10 or more, please RSVP by calling (818) 548-3795.

### INTERPRETIVE HIKES AND PROGRAMS For information or to RSVP, please call (818) 548-3795

MEDICINAL PLANT HIKE Deukmejian Wilderness Park Saturday, September 7, 2019 9:00 a.m. – 12:00 p.m.

Our host for the morning hike will be Dr. James Adams from the USC School of Pharmacy and co-author of "Healing with Medicinal Plants of the West – Cultural and Scientific Basis for Their Use". Topics to be discussed on the trail include: ways that the Chumash Indians use native plants as medicine; the role that these plants play in everyday healthcare; and tips on where to purchase and how to grow your own medicinal plants. This hike will be on a moderately steep trail with uneven footing. There will be several stops to discuss the plants and their medicinal uses. This event is FREE!!! But space is limited, so you must call us at (818) 548-3795 to reserve your place.

#### TRAILS & OPEN SPACE PROGRAMS

URBAN HISTORY HIKE, "HISTORIC HIGHLIGHTS OF DOWNTOWN GLENDALE" Chess Park Saturday, October 5, 2019 9:00 a.m. – 12:00 p.m.

Join blogger-historian Scott Lowe on an easy two-hour hike through the heart of Downtown Glendale. We'll meet at Chess Park on Brand Boulevard promptly at 9:00 a.m. and make our way to the Alex Theatre. Highlights of the tour include the Glendale YMCA, the old Glendale Police Station, and the Goode House.

FRIDAY NIGHT LECTURE, "BIG FELINES OF THE FOOTHILLS" Brand Park Studios Friday, October 25, 2019 6:30 p.m. – 8:30 p.m.

Johanna Turner has been tracking mountain lions in the Verdugo, San Gabriel, and Santa Monica mountains for ten years. This lecture will feature beautiful wildlife photography of our local mountain lions. Get to know the secretive big cats who share your foothills (some are famous enough to have nicknames!) and find out how motion-sensing 'camera traps' work. Learn how to identify a mountain lion track and more. There will be a small selection of framed prints and greeting cards available for purchase.

Please remember to call (818) 548-3795 to RSVP or for more information.

All Trails and Open Space programs are sponsored by the Glendale Parks & Open Space Foundation.



#### **JOIN OUR E-MAIL LIST!**

Are you on the Trails & Open Space e-mail list? We send out flyers and calendars for all our events, programs, and meetings. Just email us at <a href="mailto:TrailOpenspace@GlendaleCA.gov">TrailOpenspace@GlendaleCA.gov</a>, and tell us you want to be added to the Trails and Open Space list! We never make your e-mail address available to any other company or organization.



Verdugo Park 1621 Cañada Blvd. (south end) (818) 548-2786

#### **FRIDAY NIGHT LIGHTS**

Enjoy some of the newest skateboard videos on a big projection screen. There will be a raffle and one grand prize given away monthly. Free snack with the purchase of a raffle ticket. Free admission. *Dates and times are subject to change*.

Dates: August 16, September 20, October 18, and November 15, 2019

**Time**: 5:30 p.m. - 8:30 p.m.

#### **BEGINNING SKATE CLASSES**

Skaters will be introduced to the following fundamentals: Safety procedures which involve the proper use of safety equipment; falling techniques; and basic skills like balance, stance, pushing, and turning. There is a minimum of three participants and a maximum of eight participants per class. All skaters must provide their own helmet, skateboard, and elbow and knee pads.

**6 WEEKS Fee:** \$100

**Dates:** Sundays, September 8 - October 27, 2019

**Times:** 9:00 a.m. - 10:00 a.m.

#### INTERMEDIATE SKATE CLASSES

Skaters will continue to master the following fundamentals: Safety procedures, which involve the proper use of safety equipment; falling techniques; basic skills like balance, stance, pushing, and turning. They will also work on ollying and begin to learn tricks. *There is a minimum of three participants and a maximum of eight participants per class.* **All skaters must provide their own helmet, skateboard, and elbow and knee pads.** 

**6 WEEKS Fee**: \$100

**Dates:** Saturdays, September 7 - October 26, 2019

**Times:** 9:00 a.m. - 10:00 a.m.

#### **DROP-BY SKATE CLASSES**



We offer scheduled drop-by beginning skate classes. Beginners will learn the proper stance and balance. Registration for drop by skate classes will be accepted ONLY at the Verdugo Skate Park on the day class is offered on a first come, first serve basis.

There is a maximum of 5 participants per class.

All skaters must provide their own helmet, skateboard, and elbow and knee pads.

Days: Mondays, Wednesdays & Fridays

**Time:** 4:00 p.m. - 5:00 p.m.

**Fee:** \$20 per class

#### SKATE PARK

Verdugo Park, 1621 Cañada Blvd. (south end) Glendale, CA 91208 (818) 548-2786

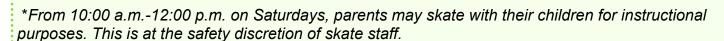
#### **HOURS OF OPERATION:**

#### **Year Round Hours:**

Monday – Friday: 4:00 p.m. - 9:00 p.m. (for all ages) Saturday: 10:00 a.m. - 12:00 p.m. (14 & under\*)

12:00 p.m. - 9:00 p.m. (for all ages)

Sunday: 10:00 a.m. - 9:00 p.m. (for all ages)





Youth (17 & Under) & Non-Resident Adults
Resident Adults (18 & Over) (18 & Over)

Daily Entry Free \$4

Monthly Pass Free \$40

Annual Pass Free \$75

#### **FEATURES:**

15,000 square foot concrete facility: 6 - 9 foot Clover Bowl with 11 foot Over-Vert section, 6 - 10 foot Kidney Pool, Street Plaza with rails and ledges, and a Snake Run that empties into a 9 foot bowl with a Loveseat.



### ALL PERSONS ENTERING THE PARK MUST WEAR A HELMET, KNEE PADS AND ELBOW PADS.

All skaters must have a valid release of liability form on file.

(Youth ages 17 and under are required to have parent/guardian signature.)

BMX bikes, scooters or other coasting devices are <u>NOT</u> permitted.

Follow us on Twitter @verdugosk8park

#### CONTRACT CLASS INFORMATION

#### FALL 2019 SESSION DATES

August 19, 2019 Enrollment begins.

September 9, 2019 Open classes begin.

September 21, 2019 Last day to enroll for open classes. Classes that do not meet the minimum

number of students may be cancelled.

See Page 48 for Registration Information, or call (818) 548-2184.

#### **CLASS LOCATIONS**

Adult Recreation Center (ARC) Central Park Complex 201 E. Colorado St. Glendale, CA 91205	<b>Brand Teahouse</b> 1601 W. Mountain St. Glendale, CA 91201	<b>Brand Studios</b> 1601 W. Mountain St. Glendale, CA 91201
Chevy Chase Library 3301 E. Chevy Chase Dr. Glendale, CA 91206	Dunsmore Community Building & Park 4700 Dunsmore Ave. La Crescenta, CA 91214	Griffith Manor Community Building 1551 Flower St. Glendale, CA 91201
Joe Bridges Clubhouse (In Glenoaks Park) 2531 E. Glenoaks Blvd. Glendale, CA 91206	Maple Park Community Center 820 E. Maple Glendale, CA 91205	Pacific Community Center & Pool 501 - 509 S. Pacific Ave. Glendale, CA 91204
Sparr Heights Community Center 1613 Glencoe Way Glendale, CA 91208	Glendale Sports Complex 2200 Fern Lane Glendale, CA 91208	Verdugo Skate Park 1621 Cañada Blvd. (south end) Glendale, CA 91208
<b>Glorietta Park</b> 2801 N. Verdugo Rd. Glendale, CA 91208	<b>Montrose Park</b> 3529 Clifton Pl. Glendale, CA 91208	Scholl Canyon Golf & Tennis 3800 E. Glenoaks Blvd. Glendale, CA 91206
Crescenta Valley High School 2900 Community Ave La Crescenta, CA 91214	Glendale Community College 1500 N. Verdugo Rd. Glendale, CA 91208	Hoover High School 651 Glenwood Rd. Glendale, CA 91202

#### **YOUTH ART**

#### **BASICS OF FIGURE DRAWING**

Classes include learning the basic anatomical proportions of human figures and gesture drawings. Students will draw from life by taking 3-5 minute turns posing. Figure development will move on to cartooning and caricatures. Various drawing materials will be used in a variety of formats and papers from small to large.

\$20 material fee is payable to instructor on first day of class.

 10 Weeks
 Fee: \$100
 Instructor: Ann Marie Smith

 Ages 12 -17 230501-02
 Brand Studios
 9/9 M 5:30 p.m. - 6:30p.m.

#### DRAWING, PAINTING AND MIXED MEDIA

Classes include basic drawing, 3D shapes and shading in tonal drawings and compositions of still life set-ups. Color theory will be discussed and used in projects with a focus on Master Artist work for reference. Various art media will be used in various formats and surfaces. Art Show on final day of class.

\$20 material fee is payable to instructor on first day of class.

**10 Weeks** Fee: \$100 Instructor: Ann Marie Smith Ages 6-14 230501-03 Chevy Chase Library 9/11 W 5:30 p.m. - 6:30p.m.

#### **DEMONSTRATION PAINTING**

Instructor will demonstrate painting still life set-ups, landscapes and portraits in impressionist styles and mixed media to model techniques for students to create their own paintings, all while learning from the works of Master Artists on composition, color harmonies, light and shading. Students can form new collaborative partnerships in art, while exploring collage texture paintings and various themes that will spark inspiration and creativity in this workshop series. Canvas and watercolor paper will be used. Student Art Show on the last day of class.

\$20 material fee is payable to instructor on first day of class.

 10 Weeks
 Fee: \$100
 Instructor: Ann Marie Smith

 Ages 6 - 14 230501-01
 Brand Studios
 9/12 Th 5:00 p.m. - 6:15 p.m.

#### PARENT AND CHILD ART

Adult and child share creative time together using paint, paper, clay and found objects. Students will learn basic art techniques and vocabulary while painting, printmaking, clay making, creating collage and fantasy crafting. The instructor encourages freedom of expression and creativity. Classes also include games, songs, sharing books, story time, and show and tell.

\$10 material fee is payable on the first day of class.

8 weeks Fee: \$85 Instructor: Aleka Corwin

Ages 2 - 5 230502-01 Brand Studios 9/12 Th 11:00 a.m. - 12:00 p.m.

#### **STEM**

#### TEACH COMMUNICATION THROUGH SCIENCE

Boost your child's analytical, explanatory, and decision-making skills with our STEM curriculum that is in four disciplines: Science, Technology, Engineering and Mathematics. Our STEM program offers fun and hands-on science experiments with real world application. Emphasizing the scientific terminology, your child will do multiple experiments on each topic every session, and you as parents will get weekly emails regarding the covered topics and some hints and suggestions on how to push your child's problem-solving and creative abilities regarding the covered topic of the week.

8 weeks Fee: \$150		Instructor: Melineh Zohrabian			
Ages 4 - 6	260804-01	Pacific CC	9/11	W	5:00 p.m 5:45 p.m.
Ages 6 - 8	260804-02	Pacific CC	9/11	W	6:00 p.m 6:45 p.m.

#### SYSTEM 1 – MAD SCIENCE, CRAZY CHEMWORKS

Are you ready to get engrossed in entomology, the study of bugs? To investigate and analyze crime scene evidence to solve a mystery? To DIG into Earth Science? Students will see what physical and chemical changes take place in and around your kitchen and discover how simple machines make our lives easier. Movie Effects gives you a chance to sit in the director's chair and discover why science is the real star of the big screen. What makes toys work? Test and play with spinning tops, building gears, and gravity toys. Finally, conduct hands-on experiments to understand how and why weather occurs!

 8 weeks
 Fee: \$168
 Instructor: Kim McAlpine

 Ages 5 - 11 260504-01
 Pacific CC
 9/12
 Th
 6:00 p.m. - 7:00 p.m.

#### SYLVAN LEARNING

#### Robot Safari



Kids will bring wild animal robots to life on their Robot Safari. They will develop new STEM skills with hands-on building with LEGO®, programming, critical thinking, and teamwork. It will be a roaring good time!

 6 weeks
 Fee: \$149
 Instructor: Sylvan Learning

 Ages 6-12 230903-01
 Brand Studios 9/11
 W 3:30 p.m. - 4:30 p.m.

#### **Writers Workshop**



Writer's workshop will help your child learn strategic and creative writing techniques to boost confidence not only in language arts, but in all subject areas.

**6 weeks**Ages 9-12 230904-01

Fee: \$149
Brand Studios 9/11 W 5:00 p.m.- 6:00 p.m.

# YOUTH SPORTS

#### MAXIMUM POTENTIAL BASKETBALL

Hoopapalooza is designed to help improve an individual's strength, knowledge, and overall development of basketball. Join this class TODAY and you will be able to fulfill your aspirations. Learn the basics and advanced movements of the game. We will also cover dribbling, passing, shooting, and agility. ALL SKILL LEVELS ARE WELCOME!!!!

Mark Herring of Hoopapalooza Inc will be the instructor. Coach Herring is a native of North Carolina and has worked with the likes of Coach Krzyzewski ("Coach K", Duke University's Men's Basketball Team), Kobe Bryant, Carmelo Anthony, and other NBA Stars. COME JOIN THE FUN!!!!

 6 weeks
 Fee: \$150
 Instructor: Mark Herring

 Ages 10-16 260601-01
 Pacific CC 9/14
 S 10:30 a.m. – 11:30 a.m.

#### PURE JOY BASKETBALL ACADEMY

Discover the Pure Joy Experience! Learn the game of basketball the right way from an 11-year professional. We pride ourselves in our ability to impact players and teams of all ages. We make sure to continually challenge our athletes to become better overall basketball players and teammates. Even though we are basketball trainers, our main goal is teaching life skills that translate to any area in life. Please bring a basketball and wear athletic gear and shoes.

 8 Weeks
 Fee: \$160
 Instructor: Justin Griffin

 Ages: 5-9
 260801-01
 Pacific CC
 09/12
 Th
 4:30 p.m.-5:25 p.m.

 Ages: 10-15
 260801-02
 Pacific CC
 09/12
 Th
 5:30 p.m.-6:25 p.m.



#### YOUTH TENNIS CLASSES

For program information, call (818) 937-7440. To register, call (818) 548-2184.



Students will learn stroke development, drills, and singles and doubles strategy.

Time

Bring water and a tennis racket to each class meeting. In addition, please bring \$5 cash equipment fee; exact change only.

LOCATIONS: Montrose Park, 3529 Clifton Pl.

Scholl Canyon Golf & Tennis, 3800 E. Glenoaks Blvd.

#### 10 WEEKS

Niumahar

**FEE:** \$ 95 Young Beginners **AGES:** 4 – 7

\$125 Beginning & Intermediate AGES: 8 – 17

**DATES:** Saturdays, September 7 - November 9, 2019

Tuesdays, September 10 - November 12, 2019 Thursdays, September 12 - November 14, 2019

#### SKILL LEVEL: YOUNG BEGINNERS (4-7 years)

Day of Wools

<u>inumber</u>	<u>Day of Week</u>	Location	<u>rime</u>
241102-01	Thursdays	Montrose Park	3:15 p.m. – 4:00 p.m.
241102-02	Saturdays	Scholl Canyon	1:15 p.m. – 2:00 p.m.

#### SKILL LEVEL: BEGINNING (8-17 years)

<u>Number</u>	<u>Day of Week</u>	<u>Location</u>	<u>Time</u>
241103-01	Tuesdays	Montrose Park	4:00 p.m. – 5:00 p.m.
241103-02	Thursdays	Montrose Park	4:00 p.m. – 5:00 p.m.
241103-03	Saturdays	Scholl Canyon	2:00 p.m. – 3:00 p.m.

#### SKILL LEVEL: INTERMEDIATE (8-17 years)

<u>inumber</u>	<u>Day of week</u>	Location	<u>rime</u>
241104-01	Tuesdays	Montrose Park	5:00 p.m. – 6:00 p.m.
241104-02	Thursdays	Montrose Park	5:00 p.m. – 6:00 p.m.

#### CHALLENGER SPORTS FALL SOCCER

Join one of the largest fundamental soccer programs in Southern California. The Tiny Tykes program is a fantastic way to introduce your child to sport and caters to ages 2-5 years old!

Our soccer experts and child development professionals have designed an innovative curriculum that introduces your young soccer star to the basic skills needed in soccer as well as developing their motor, social, and psychological skills. All of our coaches are British experts at working with young children and will combine soccer with fun games, stories and music that keeps your children entertained and enthused to return the next week.

Come join our Cubs and Lions Program and join Lenny the Lion, our mascot, in a wonderful soccer adventure. Plus not only will you get an amazing experience in soccer you will also receive a FREE UNIFORM & BALL when you register! For more information and our coaching philosophy, or details of the curriculum please visit our website <a href="https://www.challengersports.com">www.challengersports.com</a>.

#### **8 WEEKS**

**FEE:** \$110

**DATES:** Fridays, September 13 – November 1, 2019

LOCATION: Dunsmore Park, 4700 Dunsmore Ave., La Crescenta, CA 91214

Number <u>Class Title</u> <u>Age Group Time</u>

241205-01 TinyTykes Cubs 2-3 yrs. 9:30 a.m. - 10:15 a.m. 241205-02 TinyTykes Lions 4-5 yrs. 10:30 a.m. – 11:15 a.m.

#### YOUTH VOLLEYBALL CLASSES

Students will learn how to volley, pass, hit, serve, and more. Bring drinking water and come ready to have fun! Please note start time is dependent upon gym availability due to school usage. Class may begin up to 30 minutes late and will extend up to 30 minutes on days where the school hosts volleyball matches. If class begins more than 30 minutes late, the instructor will make arrangements to extend the class ending date to accommodate for lost class time. Class will conclude no later than 8:30 p.m. One class date will be an "observation class" where the participants will have the opportunity to watch a varsity high school volleyball match and discuss their observations with the instructor. No play will occur during this class session.

#### 12 CLASSES

**FEE**: \$125

**NUMBER:** 241701-01 GRADES: 4<sup>th</sup> - 7<sup>th</sup> (9 -12 years) **NUMBER:** 241701-02 GRADE: 8<sup>th</sup> (13 -14 years)

**DAYS:** Tuesdays and Thursdays

**DATES:** September 10 – October 17, 2019

**TIME:** 6:30 p.m. – 8:00 p.m.

**LOCATION:** Crescenta Valley High School Gymnasium

4400 Ramsdell Ave., La Crescenta, CA 91214

### **KIDZ LOVE SOCCER**

#### WWW.KIDZLOVESOCCER.COM



This instructional soccer experience includes age appropriate activities, skill demonstrations, fun games, and instructional scrimmages conducted in a non-competitive, recreational format. This is perfect for first time players while being fun and engaging for kids with some experience. **Shin guards are required.** 

Excessive Heat and Rainout Hotline #: (888) 372-5803. Call this number up to 30 minutes prior to any scheduled class to verify class status. If a class is cancelled due to weather and/or another City program, the class will be made up at the end of the session.

#### **8 WEEKS**

FEE: \$105

All participants will receive a soccer jersey.

TUESDAY CLASS LOCATION: Glorietta Park, 2801 N. Verdugo Rd., Glendale, CA 91208

**DAY/SESSION DATES:** Tuesdays, September 10 - October 29, 2019

<u>Number</u>	Class Title	Age	<u>Time</u>	
<del>241204-</del> 01	Soccer 2; Skillz & Scrimmage	7 - 10	3:30 p.m. – 4:15 p.m.	
241203-01	Soccer 1; Technique & Teamwork	5 - 6	4:15 p.m. – 5:00 p.m.	
241202-01	Tot/Pre Soccer	3.5 - 5	5:00 p.m. – 5:35 p.m.	

**SATURDAY CLASS LOCATION:** Glorietta Park, 2801 N. Verdugo Rd., Glendale, CA 91208 **DAY/SESSION DATES:** Saturdays, September 21 – November 9, 2019

<u>Number</u>	Class Title	<u>Age</u>	<u>Time</u>
241201-01	Mommy/Daddy/Me	2 - 3.5	9:00 a.m. – 9:30 a.m.
241201-02	Mommy/Daddy/Me	2 - 3.5	9:35 a.m. – 10:05 a.m.
241202-02	Tot Soccer	3.5 - 4	10:15 a.m. – 10:45 a.m.
241202-03	Pre Soccer	4 - 5	10:45 a.m. – 11:20 a.m.
241203-02	Soccer 1; Technique & Teamwork	5 - 6	11:20 a.m. – 12:05 p.m.



### **5 WEEKS INDOOR CLASS**

FEE: \$74

All participants will receive a soccer jersey.

CLASS LOCATION: Pacific Community Center Gymnasium, 501 S. Pacific Ave, Glendale, CA 91204

**DAY/SESSION DATES:** Monday, November 18 – December 16, 2019

<u>Number</u>	Class Title	<u>Age</u>	<u>Time</u>
241203-03	Soccer 1; Technique & Teamwork	5 - 6	$\overline{4:45}$ p.m. – 5:30 p.m.
241202-04	Tot/Pre Soccer	3.5 - 5	5:35 p.m. – 6:10 p.m.
241201-04	Mommy/Daddy/Me	2 - 3.5	6:20 p.m. – 6:50 p.m.



### BEGINNERS EDGE SPORTS TRAINING (BEST) CLASSES

For program information, call (818) 937-7440.

To register, call (818) 548-2184.



#### 4-SPORT MULTI SPORT

(Soccer, Baseball/Softball, Basketball, Track& Field)

The 4-Sport program brings you multiple weeks of 4 fantastic sports: Soccer, Baseball/Softball, Basketball & Track. We will teach your player how to kick and control a soccer ball, how to hit, catch, throw and run the bases, and running, jumping and building strength + endurance in our Track & Field program. Our goal and focus is to maintain an energetic & highly active program that will teach, encourage and advance your young players regardless of their skill level. Please bring an age-appropriate soccer ball for the first week. A hitting tee is needed later in the session.

LOCATION: Verdugo Park (North End), Grass Area, 1621 Cañada Blvd., Glendale, CA 91208

9 CLASSES

**FEE**: \$129

**DAY/SESSION DATES:** Saturdays, September 14 - November 9, 2019

<u>Number</u>	<u>Class Title</u>	<u>Age</u>	<u>Time</u>
240801-01	4-Sport	4 - 7	9:00 a.m. – 9:45 a.m.
240801-02	4-Sport	2 - 4	9:50 a.m. – 10:35 a.m.
240801-03	4-Sport	7 - 10	10:40 a.m. – 11:25 a.m.

DAY/SESSION DATES: Sundays, September 15 - November 10, 2019

<u>Number</u>	Class Title	Age	<u>Time</u>
240801-04	4-Sport	4 - 7	9:00 a.m. – 9:45 a.m.
240801-05	4-Sport	2 - 4	9:50 a.m. – 10:35 a.m.
240801-06	4-Sport	7 - 10	10:40 a.m. – 11:25 a.m.

#### BASKETBALL SKILLS AND DRILLS

The basketball skills and drills clinics introduce and advance your players ability for ball handling, dribbling, defense, jumping, passing, shooting and the triple threat position. Our goal and focus is to maintain an energetic & highly active program that will teach, encourage and advance your young players regardless of their skill level. This is an extremely active, endurance-based class. Please bring your child's favorite basketball with their name on it.

LOCATION: Verdugo Park (South End), Basketball Court, 1621 Cañada Blvd., Glendale, CA 91208

#### 9 CLASSES

**FEE**: \$129

**DATES:** Saturdays, September 14 - November 9, 2019

<u>Number</u>	<u>Class Title</u>	<u>Age</u>	<u>Time</u>
240803-01	Basketball	3 - 6	11:30 a.m12:15 p.m.
240803-02	Basketball	7- 10	12:20 p.m 1:05 p.m.

# **ADULT FITNESS/WELLNESS & DANCE**

#### **AIKIDO**

Aikido is a peaceful, yet powerful Japanese martial art. This class is designed to teach students how to use an opponent's energy to gain control of a situation using beautiful and circular techniques. Great emphasis is placed on motion and the dynamics of movement.

10 Weeks Fee: \$100 Instructor: Mark Adachi

260401-01 Pacific CC 9/9 M, Th 7:00 p.m. - 8:30 p.m. Sat 10:00 a.m. - 11:30 a.m.

#### **ZUMBA**



**Zumba® Fitness-** *Ditch the Workout, Join the Party!* This fun and easy-to-follow dance class incorporates Latin and International music into an effective and addictive workout. Zumba® Fitness choreography incorporates a wide variety of dance styles from around the world. Squats and lunges are also included. Come and join the party! Includes choreography from hip-hop, soca, samba, salsa, merengue, mambo, martial arts, and some Bollywood and belly dance moves.

10 Weeks Fee: \$100

260301-01 Pacific CC 9/12 Th 5:30 p.m. - 6:30 p.m.

#### SPECIAL NEEDS ACCOMMODATIONS:

The Community Services & Parks Department will provide any reasonable accommodation toward the inclusion of a participant. Please contact the Therapeutic Recreation Supervisor at (818) 548-3783 at least 72 hours prior to the start of the program. Ample time is required to determine the needs for each request.

#### **TEACHING OPPORTUNITIES:**

Contractual Instructors are needed to teach professional quality classes for all ages and interests at a wide variety of locations throughout the City of Glendale.

#### Contact:

Norma Mower, Customer Service Office (818) 937-7216

Meline Amazaspyan, Pacific Community Center (818) 937-7242

### **YOGA by Yoga Circle Downtown**



Postures (Asanas) stretch, tone and strengthen the entire skeletal system, working not only the body's frame, but the internal organs, glands and nerves as well. These postures are linked via a connective movement (Vinyasa) and powerful breath work. These breathing exercises (pranayama) refresh and cleanse the body and help to control the mind. The union (yoga) of these two forces (Asana and Pranayama), release physical and mental tension, liberating vast resources of energy with increased mental power, clarity and concentration. This practice over

time will bring your being into peak physical and mental condition.

10 Weeks Fee: \$150 Instructor: Knekoh Fruge

230303-01 Chevy Chase Library 9/14 Sat 9:00 a.m. - 10:00 a.m.

#### **YOGA**



Enjoy an Integrated approach to Yoga combining the aspects of Alignment, Repetitive Movement coordinated with the Breath to safely open the joints optimizing blood flow, and oxygenation to the joints and organs to maintain and enhance good health. The class starts with a breathing meditation to transition from the everyday world into a calm state before starting the class. From there we move on to seated classical yoga positions, kneeling and then standing positions. Class will end with a guided deep relaxation developing a calm mental attitude. Be sure to bring a yoga

mat and dress comfortably for a good stretch.

8 Weeks	Fee: \$80	Instructo	r: Susan	Quon
230302-01	Brand Studios	9/10	Τ	6:45 p.m 8:15 p.m.
230302-03	Brand Studios	9/11	W	10:30 a.m 12:00 p.m.
230302-02	Brand Studios	9/12	Th	6:45 p.m 8:15 p.m.

ONLINE REGISTRATION SYSTEM: parksonline.glendaleca.gov



#MyGlendaleParks

# **ADULT VISUAL ARTS**

#### WATERCOLOR FOR SERIOUS PAINTERS



This class is structured to teach you a more classical approach to the principals of painting and design in watercolor. You will learn various watercolor skills and painting techniques. Weekly demonstrations, experiments and practice will aide you in gaining a better mastery of the watercolor medium. Enthusiasm, basic watercolor skills and art materials are required.

A \$15 material fee for printed handouts is payable on the first day of class. No class 10/22/19.

8 Weeks	Fee: \$95	Instructo	or: Peggy	/ Reid
230101-01	Brand Studios	9/10	Τ	9:00 a.m 12:00 p.m.
230101-02	<b>Brand Studios</b>	9/10	Τ	12:30 p.m 3:30 p.m.

#### WATERCOLOR FRESH AND LOOSE



In this class, painters will explore breaking free of careful, timid techniques to create stronger, more effective visual statements. The emphasis will be toward fostering individual progress and developing each artist's unique voice. Participants of every skill or experience level are welcome.

10 Weeks Fee: \$90 Instructor: John Byram

230102-01 Brand Studios 9/13 F 9:00 a.m. - 12:00 p.m.

# MIXED MEDIA (Open Studio)

This class will teach students how to develop new visions and explore new methods by using water mediums such as gesso, ink, acrylic and pastels.

 8 Weeks
 Fee: \$65
 Instructor: No Instructor

 230103-01
 Brand Studios
 9/9
 M
 10:00 a.m. - 1:00 p.m.







# **ADULT SPORTS**

For program information, call (818) 937-7440. To register, call (818) 548-2184.



#### **ADULT TENNIS CLASSES**

The classes will include stroke development, drills, and singles and doubles strategy. Students should bring water, a tennis racket, and a \$5 equipment fee, cash only. Please bring exact change.

**10 WEEKS FEE**: \$125 **AGES**: 18+

**Session Dates:** Tuesdays, September 10 - November 12, 2019

Thursdays, September 12 - November 14, 2019 Saturdays, September 7 - November 9, 2019

**Locations:** Montrose Park, 3529 Clifton Pl., Glendale, CA 91208

Scholl Canyon Golf & Tennis, 3800 E. Glenoaks Blvd., Glendale, CA

SKILL LEVEL: BEGINNING

Number Day of Week Location Time 6:00 p.m. - 7:00 p.m. 241001-02 Tuesdays Montrose Park 6:00 p.m. - 7:00 p.m. 241001-05 Thursdays Montrose Park 241001-04 Saturdays Scholl Canyon 9:00 a.m. - 10:00 a.m.

SKILL LEVEL: INTERMEDIATE

<u>Number</u>	<u>Day of Week</u>	<u>Location</u>	<u>Time</u>
241002-05	Tuesdays	Montrose Park	7:00 p.m 8:00 p.m.
241002-03	Thursdays	Montrose Park	7:00 p.m 8:00 p.m.
241002-04	Saturdays	Scholl Canyon	10:00 a.m 11:00 a.m.



**Activity Card Fee Schedule:** 

Senior Activity Cards (60 years of age and older) \$10/year Adult Activity Cards (18 - 59 years old) \$25/year

Cards may be purchased at one of the following locations:

Adult Recreation Center, 201 E. Colorado St., Glendale, CA 91204

• Glendale Sports Complex, 2200 Fern Lane, Glendale, CA 91208

• Maple Park Community Center, 820 E. Maple St., Glendale, CA 91205

Pacific Community Center, 501 S. Pacific Ave., Glendale, CA 91204

• Sparr Heights Community Center, 1613 Glencoe Way, Glendale, CA 91208

#### **ADULT OPEN PLAY BADMINTON**

Join a sport that gives you a great aerobic workout! All skill levels are invited to participate!

**LOCATION #1**: Glendale Community College (South Gym)

1500 N. Verdugo Rd., Glendale, CA 91208

Parking is available in Lot A. Dates are subject to Glendale College availability.

**Fee:** No daily fee. Activity Card is required

(see fee schedule above).

Dates/Times: Mondays

September 9 - November 4, 2019, 8:00 p.m. - 11:00 p.m.

LOCATION #2: Pacific Community Center Gym

501 S. Pacific Ave., Glendale, CA 91204

**Fee:** No daily fee. Activity Card is required

(see fee schedule above).

**Days/Times:** Fridays, 6:00 p.m. - 10:00 p.m.

(Closed: 9/27/19 and 11/1/19)

#### ADULT DROP-IN BASKETBALL

Open play basketball is available to adults of all skill levels in our gyms at Maple Park Community Center and Pacific Community Center. All skill levels are welcome to drop-in for a good workout by playing pickup games. Ask for the drop-in calendar from the front desk to know when drop-in goes dark due to facility reservations and special events. Drop-in calendar is subject to change without notice. Please contact the Community Center for an up-to-date schedule.

Fee: Free for Activity Card Holders (see fee schedule above), \$2 for Non-Activity Card

Holders

Location: Maple Park Community Center

820 E. Maple St. Glendale, CA 91205

**Days/Times:** Monday through Friday 4:00 p.m. - 5:00 p.m.

Saturdays 9:00 a.m. - 5:00 p.m.

**Location:** Pacific Community Center

501 S. Pacific Ave. Glendale, CA 91204

**Days/Times:** Mondays and Thursdays 5:00 p.m. - 8:00 p.m.

Saturdays 12:00 p.m. - 4:45 p.m.

#### ADULT OPEN PLAY VOLLEYBALL

LOCATION #1: Maple Park Community Center\*

820 E. Maple St., Glendale, CA 91205

**Fee:** Free for Activity Card Holders (see fee schedule on pg. 46)

\$2 for Non-Activity Card Holders

**Days/Times:** Tuesdays, 6:00 p.m. - 9:00 p.m.

(Ask for the drop-in calendar at the front desk to know when drop-in goes dark due to private reservations or special events.)

LOCATION #2: Hoover High School (East Gym)\*

651 Glendwood Rd., Glendale, CA 91202

**Fee:** No daily fee. Activity Card is required (see fee schedule on pg. 46)

**Days/Times:** Mondays and Thursdays, 8:30 p.m. - 10:15 p.m.

**Dates:** August 26, 2019 - June 8, 2020

(Closed: 9/2/19, 11/11/19, 11/25/19, 11/28/19, 12/23/19, 12/26/19, 12/30/19, 1/6/20,

1/20/20, 2/10/20, 2/17/20, 3/16/20, 3/19/20, 5/25/20)

Dates are subject to Hoover High School availability.

\*Release of liability form is due each calendar year. Maximum 42 person capacity per night. Teams will be established in groups of 6 based on the sign-in sheet.

# MASTERS OPEN PLAY SOCCER (Ages 40+)

Get a healthy workout and meet new friends as you join other adult enthusiasts for casual pick-up games. This is a non-competitive, friendly play program. Pick-up games are available on Wednesday and Friday mornings.

**Fee**: Activity Card holders only. \$2 per player per day

(see fee schedule on pg. 46)

**Days/Time**: Wednesdays and Fridays, 7:30 a.m. - 9:30 a.m.

**Location**: Glendale Sports Complex

2200 Fern Lane, Glendale, CA 91208

# MASTERS OPEN PLAY SOCCER (Ages 60+)



a.m. - 11:00 a.m.

On Tuesdays and Thursdays, the City offers causal pick-up soccer for adults over age 60 in both a walking and running format. Walking soccer is designed to get seniors on the field to stay physically active, but without the intensity of a regular game. The programs will be offered at different times to allow for safe and enjoyable games for both intensities.

**Fee**: Activity Card holders only. \$2 per player per day

(see fee schedule on pg. 46)

**Day/Time**: Tuesdays and Thursdays, Walking Soccer 10:00

Masters Soccer 11:00 a.m. - 1:00 p.m.

**Location**: Glendale Sports Complex

2200 Fern Lane, Glendale, CA 91208





#### REGISTRATION INFORMATION



https://parksonline.glendaleca.gov



Visit Registration Locations mentioned below.



Contact the Customer Service office at (818) 548-2184 Monday - Friday 8:30 a.m. - 5:30 p.m.

# ONLINE REGISTRATION

Our online registration service allows you to register for activities through the internet **24 hours a day, 7 days a week.** Below you will find instructions that will help you establish a customer account, ID# and a password. Please read all the information online, especially sections regarding **residency and refunds.** 

Step 1: Find our website: parksonline.glendaleca.gov

<u>Step 2:</u> Log in with your credentials. If you have never logged in before, set up an online account. Be sure to add all of your family members. If you have forgotten your login credentials, please call (818) 548-2184 or email <u>CSPcustomerservice@glendaleca.gov</u>.

<u>Step 3:</u> Browse activities. Click on Activity Search, and Search Activities.

<u>Step 4:</u> Select activities by clicking on the shopping cart icon.

Step 5: Pay for activities by clicking on Shopping Cart on the top right of your screen.

# REGISTRATION REFUND POLICY

- Refunds are not available online.
- Contract classes or activities not reaching minimum numbers by the first week of classes may be cancelled and fees refunded. Service fees will not be refunded, in the event of class cancellation.
- Full refund, less an administrative fee, may be given if a refund is requested prior to star of programs/classes.
- Refunds requested after start of the program/class are contingent upon City approval and will only be considered through the conclusion of second week of scheduled class or second day of camp, and will be prorated.

For more information, call (818) 548-2752 or (818) 548-2184.

### **REGISTRATION LOCATIONS:**

Register for Classes & Camps at any one of the following locations:

#### **Civic Auditorium**

(In person, phone, and online registrations will be accepted.)
1401 North Verdugo Rd., Glendale, 91208
(818) 548-2752 or (818) 548-2184
<a href="https://parksonline.glendaleca.gov">https://parksonline.glendaleca.gov</a>

# Adult Recreation Center Central Park Complex

201 E. Colorado St., Glendale, CA 91205 (818) 548-3775

#### **Glendale Sports Complex**

2200 Fern Lane, Glendale, CA 91208 (818) 548-6420

#### **Maple Park Community Center**

820 E. Maple St., Glendale, CA 91205 (818) 548-3783

#### **Pacific Community Center**

501 South Pacific Ave., Glendale, CA 91204 (818) 548-4098

#### **Sparr Heights Community Center**

1613 Glencoe Way, Glendale, CA 91208 (818) 548-2187

#### Verdugo Skate Park

1621 Cañada Blvd., Glendale, CA 91208 (818) 548-2786



# **SENIOR CLASSES: Glendale Community College Sponsored**

Ages 60+: The City of Glendale, in partnership with Glendale Community College, is sponsoring several classes for seniors FREE of charge. For information or class registration, please call (818) 243-5196.

# FALL Session Dates: September 3 - December 18, 2019

The following classes typically take place at the following locations/days/times:

#### **ADULT RECREATION CENTER**

201 E. Colorado Blvd., Glendale, CA 91205 (818) 548-3775

#### Lip Reading

Mondays & Thursdays, 9:30 a.m. - 11:00 a.m. Location: Activity Room

#### Film Appreciation

Wednesdays, 1:00 p.m. - 4:00 p.m. Location: Activity Room

### SPARR HEIGHTS COMMUNITY CENTER

1613 Glencoe Way, Glendale, CA 91208 (818) 548-2187

### **Self Discovery Via Writing**

Wednesdays, 1:00 p.m. - 3:00 p.m. Location: Garden Room

#### **Ancient Civilization**

Fridays, 12:30 p.m. - 2:30 p.m. Location: Verdugo Room

#### PACIFIC COMMUNITY CENTER

501 S. Pacific Ave., Glendale, CA 91204 (818) 548-4098

#### **Current Affairs**

Tuesdays, 10:00 a.m. - 12:00 p.m. Location: Red Bud Room



For the joy of learning...

# **SENIOR CLASSES** – City Sponsored

The City of Glendale Community Services & Parks Department is sponsoring the following classes for seniors ages 60+. Please call each center for information and registration details.

ALL CLASSES ARE ONGOING, YOU MAY REGISTER AT ANY TIME.

#### **ADULT RECREATION CENTER**

201 E. Colorado St., Glendale, CA 91205 For more information, call (818) 548-3775.

Fee Schedule: \$1 per class, payable at the beginning of each class. Activity card

holders only. (Card must be presented upon payment.)

**Activity Card Fee:** 

Senior Activity Cards (60 years of age and older) \$10/year Adult Activity Cards (18 - 59 years old) \$25/year

# **Muscle Toning with Weights**

Get Moving! There are mental and physical benefits from exercising regularly. Increase your energy, strength and bone density.

Fee: See fee schedule above.

<u>Days</u>	<u>Time</u>	<u>Instructor</u>
Mondays & Wednesdays	9:00 a.m 10:00 a.m.	Anne Kido
Tuesdays	8:00 a.m 9:00 a.m.	Patricia Kriste
Fridays	9:00 a.m 10:00 a.m.	Patricia Kriste

#### Senior Aerobics

Increase your energy and reduce your stress! Join us for a fun, low-impact aerobics class that will help improve flexibility and strength.

Fee: See fee schedule above.

<u>Days</u>	<u>Time</u>	<u>Instructor</u>
Mondays	8:00 a.m 9:00 a.m.	Patricia Kriste
Tuesdays & Thursdays	9:00 a.m 10:00 a.m.	Patricia Kriste

#### Zumba

Join us for this fun and exciting class, where you will dance to great music, meet great people, and burn a ton of calories without even realizing it.

Fee: See fee schedule above.

DaysTimeInstructorWednesdays & Fridays8:00 a.m. - 9:00 a.m.Denise Gonzalez

#### Tai-Chi for Seniors

Tai-Chi's slow dance-like movements bring balance, harmony and relaxation to participants. Come and learn the principles of this ancient form of exercise. The class meets in the Tai Chi Garden.

Fee: FREE. Activity Card Holders Only. See Activity Card fee schedule above.

Davs Time

Tuesdays, Thursdays, & Saturdays 10:00 a.m. - 11:00 a.m.

# **Pacific Community Center**

501 S. Pacific Ave, Glendale, CA 91204 For more information, call (818) 548-4098.

**Activity Card Fee:** 

Senior Activity Cards (60 years of age and older) \$10/year Adult Activity Cards (18 - 59 years old) \$25/year

#### **HEALTH EXERCISE**

Keep active and stay young at heart. Improve muscle tone, strength, and coordination. Fridays are Fun Fridays! Enjoy a mix of exercise and beginning line dancing.

**Instructor:** Carol Thomsen

Days: Mondays, Wednesdays, and Fridays

**Time:** 9:30 a.m. - 12:00 p.m.

Fee: Activity Card Holders \$3 per class

Non-Activity Card Holders \$6 per class.

#### **LINE DANCING**

Learn to line dance and exercise at the same time!

**Instructor:** Pauline Wong

Days: Mondays

**Times:** 12:30 p.m. - 2.30 p.m.

Fee: Activity Card Holders \$2 per class

Non-Activity Card Holders \$4 per class.

#### **PICKLEBALL**

Come out and try this new sport, make some friends and see what everyone is talking about.

- ♦ All Levels and Ages Welcome
- ♦ Coaching Available for Beginners
- ♦ Paddles Available

#### 3 Outdoor Courts

Days and Times:	Mondays	9:00 a.m 12:00 p.m.
-		6:00 p.m 9:00 p.m.
	Tuesdays	9:00 a.m 12:00 p.m.
	Wednesdays	9:00 a.m 12:00 p.m.

Wednesdays 9:00 a.m. - 12:00 p.m. 6:00 p.m. - 9:00 p.m.

Thursdays 9:00 a.m. - 12:00 p.m. Saturdays 9:00 a.m. - 12:00 p.m.

4 Indoor Courts

**Days and Times:** Tuesdays 6:00 p.m. - 9:00 p.m.



# **SPARR HEIGHTS COMMUNITY CENTER**

1613 Glencoe Way, Glendale, CA 91208 For more information, call (818) 548-2187.

The City of Glendale Community Services & Parks Department is sponsoring the following classes for seniors ages 60+.

Fee Schedule: Activity Card Holders \$1 per class

Non-Activity Card Holders \$2 per class, collected at the

beginning of each class.

**Activity Card Fee:** 

Senior Activity Cards (60 years of age and older) \$10/year Adult Activity Cards (18 - 59 years old) \$25/year

#### ALL CLASSES ARE ONGOING. YOU MAY REGISTER AT ANY TIME.

### **Senior Fitness & Weight Training**

There are mental and physical benefits from exercising regularly. Increase your energy, strength, and bone density.

Fee: See fee schedule above.

**Instructor:** Yvonne Longo

**Session 1:** Mondays, Wednesdays & Fridays 9:30 a.m. - 10:30 a.m. **Session 2:** Mondays and Wednesdays 10:30 a.m. - 11:30 a.m.

# **Specialty Fitness with Yvonne**

This exercise class designed for adults with intellectual disabilities encourages participants to get into shape by learning the fundamentals of basic exercise routines. Caregivers are welcome to work out alongside participants.

Fee: See fee schedule above.

**Instructor:** Yvonne Longo

**Days/Time:** Fridays 10:30 a.m. - 11:30 a.m.

# Tai Chi for Seniors - Drop-In

Learn how to relax while learning this ancient form of exercising.

Fee: See fee schedule above.

Instructor: John Yee

**Days/Time:** Mondays, Wednesdays & Fridays 8:40 a.m. - 9:20 a.m.

# Gentle Senior Yoga

This yoga class is geared to seniors to promote gentle stretching, balancing movements, and breathing techniques. Learn the skills necessary to relax and meditate to increase physical and mental health.

Fee: See fee schedule above.

Instructor: Rosalie Blum

**Days/Time:** Tuesdays 9:00 a.m. - 10:00 a.m.

Thursdays 9:00 a.m. - 10:00 a.m.

#### SPARR HEIGHTS COMMUNITY CENTER

1613 Glencoe Way, Glendale, CA 91208 For more information, call (818) 548-2187.

The following activities are available to Activity Card holders only. No additional fee.

# **Woodcarving Class**



Bring your favorite tools, create a work of art, and enjoy the companionship of like-minded folks.

**Day/Time:** Thursdays 10:00 a.m. - 11:00 a.m.

#### Sittin & Knittin



Knitters of all skill levels are invited to bring their yarn and needles and work on projects with others who share the same interest.

**Day/Time:** Tuesdays 12:15 p.m. - 1:30 p.m.

# **Bridge**



Senior bridge players of all skill levels and experience can come to the center and participate in competitive bridge games.

**Day/Time:** Mondays 9:00 a.m. - 11:30 a.m.

# **Bingo**



If you were born to yell, "BINGO!", come out and enjoy an exciting game of senior bingo for prizes and socialization.

**Day/Time:** Wednesdays 12:30 p.m. - 1:30 p.m.

# **ADULT RECREATION CENTER**

201 E. Colorado St., CA 91205

For more information, call (818) 548-3775.

The following activities are available to Activity Card holders only.

#### **Exercise Room at the Adult Recreation Center**

The Adult Recreation Center offers a wide selection of fitness equipment including treadmills, cross-trainers, and stationary bikes along with numerous multifunction machines. Proper workout clothes and a towel is required.

An additional ARC Gym Membership is required.

Fee Schedule:

Senior Activity Cards (60 years of age and older) \$10/year Adult Activity Cards (18 - 59 years old) \$25/year

Senior ARC Gym Membership \$50/year plus an Activity Card Adult ARC Gym Membership \$80/year plus an Activity Card

**Exercise Room Hours** 

Monday - Thursday 8:00 a.m. - 7:30 p.m. Fridays & Saturdays 8:00 a.m. - 4:30 p.m.

Sundays Closed

### **Open Play Table Tennis**

No matter what your skill level or how long it has been since you held a paddle, the time has come to play some ping pong. Make new friends and get a work out while having fun.

**Days/Time:** Mondays, Tuesdays, Wednesdays 3:00 p.m. - 7:30 p.m.

Thursdays 5:30 p.m. - 7:30 p.m. Fridays 3:00 p.m. - 4:30 p.m.

**Location:** ARC Dining Hall

# **ARC Bridge Club**

Millions of people play bridge worldwide. Bridge is a trick-taking game using a standard deck played by four players.

**Days/Time:** Duplicate Bridge Tuesdays, Thursdays, Saturdays 11:30 a.m. - 4:30 p.m.

Beginning Bridge Fridays 1:00 p.m. - 3:00 p.m.

**Location:** Activity Room and/or Multi-Purpose Room B

# ACTIVITIES FOR SENIORS ADULT RECREATION CENTER









The following activities are available to Activity Card holders only. For more information, please call (818) 548-3775.

# **Drop-In Billiards, Backgammon, Chess, and Dominos**

You can drop in Monday through Saturday to play some billiards, backgammon, Chess or dominos. *Hours may change based on room availability* 

**Days/Time:** Mondays – Thursdays 8:00 a.m. - 7:30 p.m.

Fridays and Saturdays 8:00 a.m. - 4:30 p.m.

**Location:** Multi-Purpose Room A

### **Bingo**

Make new friends while playing this timeless classic.

Activity Card Holders: \$1 for 2 cards; Non Activity Card Holders: \$2 for 2 cards.

**Days/Time:** Fridays 10:00 a.m. - 11:00 a.m.

**Location:** Multi-Purpose Room B

#### Karaoke

Make new friends as you sing along to today's chart-topping pop hits or classic hits of all time.

**Days/Time:** Tuesdays & Fridays 1:00 p.m. - 4:00 p.m.

Location: Lounge

#### **Knit and Chat**

Bring your yarn and needles to knit and chat with your friends about various topics. Show off your skills, and teach each other new methods!

Days/Time: Tuesdays & Fridays 9:00 a.m. - 10:00 a.m.

**Location:** Activity Room

#### **Senior Mixer**

If you like to salsa, cha-cha, rumba, waltz or boogie, this is the place to be. The senior mixer is a great opportunity to socialize with fellow seniors in the greater community of Glendale, make new acquaintances and enjoy a good time. Please call the Adult Recreation Center for a list of specific activities that take place during the mixer.

**Days/Time:** Thursdays 2:00 p.m. - 4:30 p.m.

**Location:** Dinning Hall

<sup>\*</sup> A suggested donation of \$2.00 is collected at the entrance to the mixer. This is a gratuity that is given to the DJ at the end of each event.

# SENIOR SERVICES

Older, active adults are invited to enjoy meaningful personal and group activities offered at the City of Glendale community centers. Services and programs are available to assist in addressing basic needs, maximizing independence, and supporting the aging community. Information and referral is available for nutrition, housing, financial assistance, health, transportation, legal, and counseling services. Our programs are designed to provide growth, enhance personal dignity, and protect individual rights.

> **General Program Information:** (818) 548-3775

**Nutritional Meals Program:** (818) 548-3778 or (818) 937-7405

**Case Management Program Information:** (818) 548-3772

# HOME DELIVERED MEALS



At-risk seniors 60 years of age and older who are homebound and unable to shop for or prepare meals may be eligible for seven frozen complete meals delivered weekly to their residence. A City of Glendale Case Manager meets with the client to provide this temporary service until a long-term solution can be implemented.

Suggested Donation: \$2.50 per meal

Donations are voluntary and confidential. A suggested donation is encouraged. For more information about home delivered meals and to inquire about eligibility, please contact (818) 937-7405.

# NUTRITIONAL MEALS PROGRAM



Come visit our Senior Café where you can have a delicious hot meal, socialize, and join in festive events. Adults 60 years and older are eligible for our Nutritional Meals Program funded in part through the Los Angeles County Area Agency on Aging.

Suggested Donation: \$2.50 per meal

#### **Reservations for Meals Sites and Times:**

201 E. Colorado St. Glendale, CA 91205 Meals are served: 7 days a week at 11:30 a.m.

### Adult Recreation Center (ARC) Sparr Heights Community Center

1613 Glencoe Way Glendale, CA 91208 Meals are served: Monday - Friday at 11:30 a.m.

### **Pacific Community Center** 501 South Pacific Ave.

Glendale, CA 91204 Meals are served: Monday, Wednesday & Fridays at 12:00 p.m.

For meal information and reservations, please call: (818) 548-3778.



# **CASE MANAGEMENT**

The Case Management program for seniors is designed to meet the special needs of frail individuals who may be experiencing difficulty in maintaining independent living arrangements.

> For Information & Referral Services, please call: (818) 548-3772 Spanish Language Case Manager: (818) 548-2801

# **Transportation Services and Bus Pass Sales:**

Transportation services include **Dial-A-Ride**, by reservation, and **MTA bus passes**, sold at the Adult Recreation Center, Sparr Heights Community Center and Pacific Community Center <u>all month long</u>.

The Metro bus pass for seniors is not honored by the Beeline.

For more information about the Access Paratransit Program for disabled seniors, call (818) 548-3775 or (818) 548-2187.

# **Health Insurance Counseling and Advocacy Program (HICAP):**

The state-registered Health Insurance Counseling and Advocacy Program (HICAP) Volunteer Counselors provide unbiased information, counseling and assistance on Medicare and related health care coverage, including:

Original Medicare (Parts A & B)
Medicare Prevention Services
Medicare Part D (Prescription Drug Benefit)
"Extra Help" with Medicare Part D
Medicare Advantage: HMO'S & PPO
Medicare Supplement (Medigap) Insurance
Medi-Cal & Medicare Savings Programs
Long-Term Care

Contact the Adult Recreation Center at (818) 548-3775 for more information.

# Filming in Glendale's Parks & Community Buildings

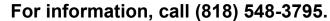
Contact Norma Mower: (818) 548-3813 Email: <u>nmower@glendaleca.gov</u>



# Historic Buildings in Glendale Parks

# Le Mesnager Barn at Deukmejian Wilderness Park 3429 Markridge Rd., Glendale, CA 91214

Deukmejian Wilderness Park occupies a rugged 709 acre site in the foothills of the San Gabriel Mountains at the northernmost extremity of the City of Glendale. Trails on the site provide spectacular views of the Crescenta Valley and the Los Angeles basin. The site is relatively undeveloped except for an area of approximately 12 acres in the southern part of the property (the Park Center area) that houses the historic Le Mesnager Barn.





# Rockhaven Sanitarium 2713 Honolulu Ave., Glendale, CA 91020



Rockhaven is a rare surviving example of the Sanitariums that once flourished in the Crescenta Valley. First opened in 1923 by Agnes Richard as a "home for the feeble-minded women," and later known as the "Screen Actor's Sanitarium," Rockhaven housed several Hollywood celebrities, such as Billie Burke, Flo Zigfield, Clark Gable's first wife, as well as Marilyn Monroe's mother. Over time, Agnes Richards purchased several neighboring Craftsman-style houses, and in the late 1920s and 1930s built several Spanish Colonial Revival style buildings which were designed specifically for the purpose of medical care and patient accommodations,

expanding the facility to an approximately 3.5 acre site.

The character of this property was as much defined by its landscape as it was by its buildings. The buildings were, and still are, connected by meandering landscaped pathways, intimate gardens, patios, courtyards and expansive perimeter gardens to create a home-like setting for the individual care of the patients. In 1966, Rockhaven was awarded for its landscaping by Los Angeles Beautiful, Incorporated.

The City purchased the property in 2008 from Ararat Home, who had purchased the property in 2001 to operate a convalescent facility. The facility remains closed to the public at this time due to safety concerns.

You can read more about the facility by visiting the City's website, www.glendaleca.gov, and searching Rockhaven in the search bar.

#### TOURS OF HISTORIC FACILITIES



FOR RESERVATIONS, PLEASE CALL COMMUNITY SERVICES & PARKS AT (818) 548-2184 FOR TOUR INFORMATION, PLEASE CALL THE DOCENTS AT THE VARIOUS SITES

# **Doctors House Museum & Gazebo**

Inside Brand Park, 1601 West Mountain Street Glendale, CA 91201 (818) 242-7447

#### **HOURS OF OPERATION**

Guided Tours: Sundays 2:00 p.m. - 4:00 p.m. (Closed during the month of July, on holidays, and during inclement weather)

Docent: The Glendale Historical Society

**Suggested Donation: \$5** 



#### **FACILITY DESCRIPTION**

- The Doctors House Museum is an authentically restored Queen Anne-Eastlake style home built around 1888.
- The Doctors House lawn area and gazebo are available for reservation for weddings and other special events.
- Smoking, barbecues, and amplified sound are NOT permitted because of the historic nature of the facility.

#### **HISTORY**

- The two-story house originally stood at 921 East Wilson Avenue in Central Glendale, but was moved to its present location in 1980.
- Four early doctors owned it in succession, giving the house its name. It was later occupied by silent screen icon Nell Shipman and her family in the early 1900s.
- Threatened with demolition in 1979, community activists organized to save it and formally incorporated The Glendale Historical Society on October 24, 1979.
- The Glendale Historical Society dedicated the Doctors House to the City of Glendale on September 12, 1982, after spending thousands of volunteer hours on restoration.
- The Doctors House is registered as Glendale Register of Historic Resources #6.

# "Shoseian" Whispering Pine Teahouse & Friendship Garden



Inside Brand Park, 1601 West Mountain Street Glendale, CA 91201 (626) 390-0633

#### **HOURS OF OPERATION**

Friendship Garden: Monday - Thursday 10:00 a.m. - 3:00 p.m. **Teahouse Events/Programs:** Third Sunday of the month. Go to www.shoseianteahouse.com for event details.

www.siioseiaiileaiiouse.com ioi ei

**Docent:** Friends of Shoseian

#### **FACILITY DESCRIPTION**

The traditional teahouse was built in 1974 through the combined efforts of the Sister Cities of Glendale and Higashi-Osaka, Japan. It is one of the few traditional Japanese Teahouses open to the public in the United States.

- The Teahouse, which was designed by architect Hayahiko Takase, is a unique blending of western and eastern design and an apt expression of the spirit of cross-cultural community.
- Nestled at the foot of the Verdugo Mountains beside a koi pond in a charming Japanese-style garden setting, the Teahouse is in a unique position to outreach to the community of Glendale and greater Los Angeles.
- The Japanese Friendship Garden surrounding the Teahouse is available for weddings and other special events.

#### **HISTORY**

- The Teahouse represents the spirit of goodwill, lasting peace and friendship between the people of Japan and the United States.
- Given the name "Shoseian" or "Whispering Pine Teahouse" by Genshitsu Sen, the Fifteenth Grand Tea Master of the Urasenke School of Tea in Japan, the Teahouse is designated an official Tearoom. Dr.Yamazaki of Higashi-Osaka provided initial support for the Teahouse and Gardens.
- Through recent cooperative efforts by the City of Glendale and Friends of Shoseian, the Teahouse was refurbished and designated as Glendale Register of Historic Resources #46.

#### TOURS OF HISTORIC FACILITIES

#### Casa Adobe de San Rafael & Park

1330 Dorothy Drive

Glendale, CA 91202; glendalebeautiful@gmail.com

#### **HOURS OF OPERATION**

Daily 8:00 a.m. – Dusk

Guided Tours: September - June: First Sunday of the Month, 1:00 p.m. - 3:00 p.m.

July & August: Every Sunday, 1:00 p.m. - 3:00 p.m.

Suggested Donation: \$2 Docent: Glendale Beautiful

#### **FACILITY DESCRIPTION**

- The park is 1.6 acres in size.
- Amenities include a picnic pavilion which is available for small company or family picnics or gatherings, a turf area that is
  available for larger festival-type events, sink, electrical outlets, and public restroom facilities.
- Smoking, barbecues, and amplified sound are NOT permitted because of the historic nature of the facility

#### **HISTORY**

- Casa Adobe de San Rafael is registered as California Landmark #235 and Glendale Register of Historic Resources #3.
- The Casa was built around 1870 by Tomas Sanchez, former sheriff of Los Angeles County, using adobe blocks to form the walls, which were then covered with stucco.
- In 1875, the property was sold, left abandoned, and fell into a ruinous state.
- In 1930 the Casa was purchased by the California Medicinal Wine Company who planned to tear down the structure and remove the large eucalyptus trees on the property. Local neighbors and community members stopped the demolition and began a campaign to preserve the house as a historic landmark.
- The City of Glendale purchased the adobe in 1930 and by 1932 La Casa de Adobe de San Rafael was completely refurbished.
- Today, the adobe includes a Monterey-style corridor (covered porch), beautiful sunken garden, brick patio, sandy brown tile roof, and long narrow front windows adorned with teal shutters. Interior furnishings are from the nineteenth century.

# Catalina Verdugo Adobe



2211 Bonita Drive Glendale, CA 91208; (747) 228-2688; www.glendalebeautiful.org

#### **HOURS OF OPERATION**

Daily 8:00 a.m.- Dusk

Guided Tours: Scheduled Tours Only - Please call to schedule

**Docent:** Days of the Verdugos Heritage Association

#### **FACILITY DESCRIPTION**

- The park is 1.3 acres in size and is nestled at the base of the Verdugo Mountains in a residential neighborhood.
- Amenities include a walking trail, a garden, and a shaded picnic area with wooden tables, benches, and electric outlets.
- Smoking, barbecues, and amplified sound are NOT permitted because of the historic nature of the facility.

#### **HISTORY**

- The Catalina Verdugo Adobe is registered as California Historical Landmark #637 and Glendale Register of Historic Resources #1.
- The Adobe is the oldest structure in the City of Glendale. As with many early structures, the construction date of the Verdugo Adobe is uncertain. It is said the Adobe was built in 1828, but some research suggests that it dates to 1860. It was the home of Catalina Verdugo who, with her brother Julio, owned much of today's Northeast Glendale. Their father, Don Jose Maria Verdugo, was the original recipient of Rancho San Rafael, the Spanish land grant that encompassed large portions of Glendale, Burbank, and Eagle Rock.
- The grounds contain the remnants of the "Oak of Peace," under which a meeting was held in 1847 that led, a few days later, to the signing of the peace treaty, Treaty of Cahuenga, that ended the Mexican-American War.
- The Adobe originally consisted of the main room and the south wing. The north wing was added in the early 1900s, after it
  was sold to land developer F.P. Newport.
- In 1946, the property was sold to Dr. Ernest Bashor, and his family remained there until it was sold to the City of Glendale in 1989. It is fortunate that the historic value of the original house remained preserved.
- At present, the Museum focuses on the Verdugo family and their lifestyle in the 1800s.



# Adult Recreation Center Facility Rental Information

201 E. Colorado St. Glendale, CA 91205 (818) 548-3775

#### Amenities include:

Dinning Hall
Multi-Purpose Room
Activity Room
Upper Courtyard
Seminar Rooms

- 1. Choose the event type, date & time.
- 2. Complete the Community Center Reservation Request Form and submit to the Center.
- 3. After completing the form, staff will contact you regarding availability and fees.
- 4. Upon agreement, make arrangements with the Facility Supervisor to finalize all permit requirements.



# Brand Park, Casa Adobe de San Rafael & Catalina Verdugo Adobe Facility Rental Information

Brand Park, 1601 W. Mountain St.
Casa Adobe de San Rafael, 1330 Dorothy Dr.
Catalina Verdugo Adobe, 2211 Bonita Dr.
(818) 548-2184 or (818) 548-2752

#### **Steps to Rent:**

- 1. Choose the event type, date & time.
- 2. Contact the Customer Service office at (818) 548-2184 for availability.
- 3. Visit the Customer Service office located 1401 N. Verdugo Rd., Glendale, CA 91208 to reserve the facility.



Friendship Garden Victorian Gazebo Private Garden Koi Pond



Amenities include:
Picnic Pavilion
Crass Area

Casa Adobe de San Rafael

Picnic Pavilion Grass Area Brick Patio



Catalina Verdugo Adobe Amenities include:

Picnic Tables Natural Setting

# Cerritos Park Facility Rental Information

3690 San Fernando Rd. Glendale, CA 91204 (818) 548-2184 or (818) 548-2752

#### Amenities include:

Picnic Pavilion Water Feature Propane Tanks Allowed for BBQ Fenced Grass Area

- 1. Choose the event type, date & time.
- 2. Contact the Customer Service office at (818) 548-2184 for availability.
- 3. Visit the Customer Service office located 1401 N. Verdugo Rd., Glendale, CA 91208 to reserve the facility.



# Civic Auditorium Facility Rental Information

1401 N. Verdugo Rd. Glendale, CA 91208 (818) 548-2787 www.glendalecivic.com

#### Amenities include:

Upper & Lower Levels
Stage
Conference Rooms
Dressing Rooms
State-of-the-Art Kitchens on both levels
Parking Structure
Sound system
Chairs, Tables & Audio Visual Equipment

- 1. Choose the event type, date & time.
- 2. Contact the Civic Auditorium at (818) 548-2787 for availability.
- Visit the Civic Auditorium 1401 N. Verdugo Rd., Glendale, CA 91208 to reserve the facility.



# Deukmejian Wilderness Park Facility Rental Information

3429 Markridge Rd. Glendale, CA 91214 (818) 548-2184 or (818) 548-2752

#### Amenities include:

Picnic Pavilion Amphitheatre Grass Area

- 1. Choose the event type, date & time.
- 2. Contact the Customer Service office at (818) 548-2184 for availability.
- 3. Visit the Customer Service office located 1401 N. Verdugo Rd., Glendale, CA 91208 to reserve the facility.



# Dunsmore, Joe Bridges Clubhouse, Griffith Manor & Brand Studios Facility Rental Information

Dunsmore, 4700 Dunsmore Ave
Joe Bridges Clubhouse, 2531 E. Glenoaks Blvd.
Griffith Manor, 1551 Flower St.
Brand Studios, 1601 W. Mountain St.
(818) 548-2184 or (818) 548-2752

#### Amenities include:

Multi-Purpose Room Tables Chairs Refrigerator Warming Oven \* Sink Outdoor Park Areas

\*No Warming Oven at Brand Studios; a microwave is available.

- 1. Choose the event type, date & time.
- 2. Contact the Customer Service office at (818) 548-2184 for availability.
- 3. Visit the Customer Service office located 1401 N. Verdugo Rd., Glendale, CA 91208 to reserve the facility.









# Maple Park Facility Rental Information

820 E. Maple St. Glendale, CA 91205 (818) 548-3783 or (818) 548-3694

#### Amenities include:

2 Large meeting rooms
A full kitchen with large warming oven and refrigerator
Computer Lab
A Recreation Room with ping pong, air hockey and foosball
A full court gymnasium with kitchenette
A 700 square foot outdoor terrace

- 1. Choose the event type, date & time.
- 2. Complete the Community Center Reservation Request Form and submit to the Center.
- 3. After completing the form, staff will contact you regarding availability and fees.
- 4. Upon agreement, make arrangements with the Facility Supervisor to finalize all permit requirements.



# Lower Scholl Canyon Park, Palmer Park & Verdugo Park Facility Rental Information

Lower Scholl, 2849 E. Glenoaks Blvd. Palmer Park, 610 E. Palmer Ave Verdugo Park, 1621 Canada Blvd. (818) 548-2184 or (818) 548-2752

#### Amenities include:

Lower Scholl
3 Picnic Pavilions
Playground
BBQ Grills

Palmer Park
2 Picnic Pavilions
BBQ Grills
Sink
Wading Pool
Basketball Courts

Verdugo Park
5 Picnic Pavilions
Baseball Field
Basketball Court
Playground

- 1. Choose the event type, date & time.
- 2. Contact the Customer Service office at (818) 548-2184 for availability.
- 3. Visit the Customer Service office located 1401 N. Verdugo Rd., Glendale, CA 91208 to reserve the facility.







# Pacific Community Center Facility Rental Information

501 S. Pacific Ave. Glendale, CA 91204 (818) 548-4098

#### Amenities include:

5 Meeting rooms
Computer Lab
Recreation Room with billiards, ping pong, and foosball
Lounge furniture for relaxation
Upper Terrace with picnic tables and umbrellas
Multi-Purpose gymnasium with a stage and kitchenette
An outdoor picnic area

- 1. Choose the event type, date & time.
- 2. Complete the Community Center Reservation Request Form and submit to the Center.
- 3. After completing the form, staff will contact you regarding availability and fees.
- 4. Upon agreement, make arrangements with the Facility Supervisor to finalize all permit requirements.



# Pacific Community Pool Facility Rental Information

509 S. Pacific Ave. Glendale, CA 91204 (818) 937-7433

#### Amenities include:

25-yard / 6-lane pool Shallow area for recreation swim 2' - 10' depth

- 1. Choose the event type, date & time.
- 2. Contact Pacific Pool at (818) 937-7433 to check on availability and fees.
- 3. Visit the pool to finalize permit requirements.



# Sparr Heights Community Center Facility Rental Information

1613 Glencoe Way Glendale, CA 91208 (818) 548-2187

#### **Amenities include:**

Dining Hall with Stage
Multi-Purpose Room with Wall Mirrors
Activity Room with Billiards
Outdoor Patio with Patio Tables &
Chairs

- 1. Choose the event type, date & time.
- 2. Complete the Community Center Reservation Request Form and submit to the Center.
- 3. After completing the form, staff will contact you regarding availability and fees.
- 4. Upon agreement, make arrangements with the Facility Supervisor to finalize all permit requirements.



# Glendale Sports Complex Facility Rental Information

2200 Fern Lane Glendale, CA 91208 (818) 937-7440

#### Amenities include:

2 artificial turf soccer fields 1 artificial turf baseball field 2 softball fields Concession building Meeting room

- 1. Choose the event type, date & time.
- 2. Contact the Sports Office at (818) 937-7440 to check on availability and fees.
- 3. Visit the Spots office to finalize permit requirements.



# Verdugo Skate Park Facility Rental Information

1621 Canada Blvd.
Glendale, CA 91208
(818) 548-2786 for hours and operation
(818) 937-7440 for facility rentals

#### Amenities include:

6-9 Ft. Clover Bowl with 11 ft. Over-Vert section 6-10 ft. Kidney Bowl Street Plaza with rails and ledges

- 1. Choose the event type, date & time.
- 2. Contact the Sports Office at (818) 937-7440 to check on availability and fees.
- 3. Visit the Spots Office to finalize permit requirements.



# **PHONE DIRECTORY**

Administration Office (818) 548-2000 Fax: (818) 548-3789

# **RECREATION PROGRAMS**

Aquatics Programs (818) 937-7433

Customer Service Office (818) 548-2184, (818) 548-2752

Contract Classes Registration (818) 548-2184, (818) 548-2752

Trails & Open Space Program (818) 548-3795

Party On the Go!/Glendale Rocks! Climbing Wall (818) 937-7242

Senior Programs & Services (818) 548-3775

Sports Programs for Adults and Youth (818) 937-7440

Therapeutic Recreation Programs (818) 548-3783

Verdugo Skate Park (818) 548-2786

Volunteer Program (818) 548-2792

Youth & Family Services Program (818) 937-7246

#### FACILITY RESERVATION AND INFORMATION

Adult Recreation Center (818) 548-3775

Brand Studios (818) 548-2184, (818) 548-2752

Civic Auditorium (818) 548-2787

Film Permits (818) 548-3813

Glendale Sports Complex & Sports Fields (818) 937-7440

Maple Park Community Center (818) 548-3783

Pacific Community Center (818) 548-4098

Pacific Community Pool (818) 937-7433

Park & Picnic Reservations (818) 548-2184, (818) 548-2752

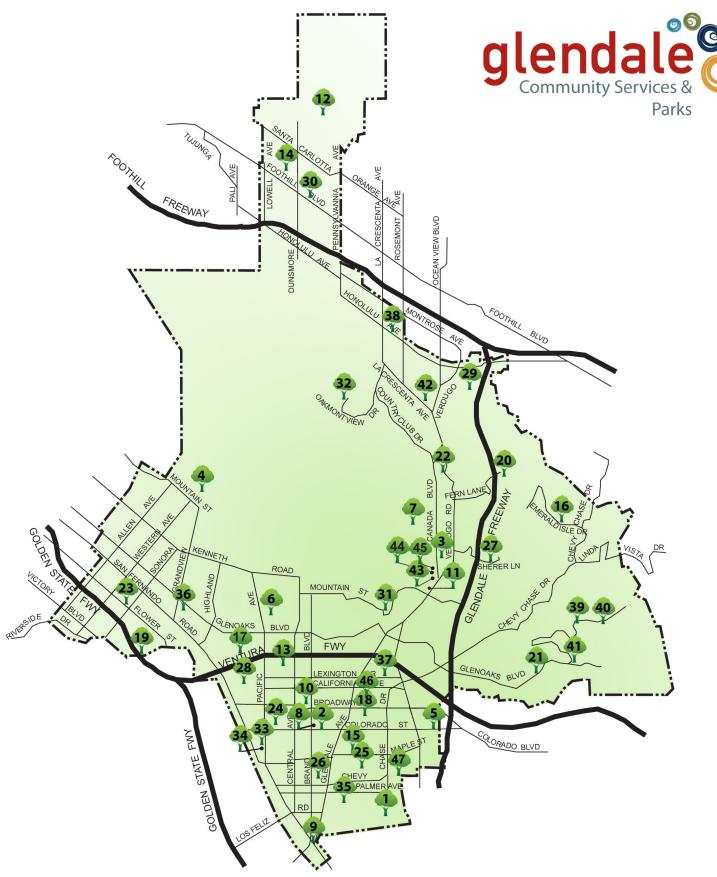
Photography Permits (818) 548-2184, (818) 548-2752

Sparr Heights Community Center (818) 548-2187

Wedding Reservations (818) 548-2184, (818) 548-2752

# **FACILITY INFORMATION**

	1		
	Adams Square Mini Park	1020 E. Palmer Ave. Glendale, CA 91205	
2	Adult Recreation Center & Central Park	201 E. Colorado St. Glendale, CA 91205	
3	Babe Herman Little League Field	1726 Canada Blvd. Glendale, CA 91208	
4	Brand Park	1601 W. Mountain St. Glendale, CA 91201	
5	Carr Park	1615 E. Colorado St. Glendale, CA 91205	
6	Casa Adobe de San Rafael & Park	1330 Dorothy Dr. Glendale, CA 91202	
7	Catalina Verdugo Adobe	2211 Bonita Dr. Glendale, CA 91208	
8	Central Park Paseo	220 S. Brand Blvd, Glendale, CA 91202	
9	Cerritos Park	3690 San Fernando Rd. Glendale, CA 91204	
10	Chess Park	227 N. Brand Blvd. Glendale, CA 91202	
11	Civic Auditorium	1401 N. Verdugo Rd. Glendale, CA 91208	
12	Deukmejian Wilderness Park	s Park 3429 Markridge Rd. Glendale, CA 91214	
13	Doran Gardens Mini Park	327 W. Doran St., Glendale, CA 91203	
14	Dunsmore Park	ark 4700 Dunsmore Ave. Glendale, CA 91214	
15	Elk Mini Park	800 E. Elk Ave. Glendale, CA 91205	
16	Emerald Isle Park	2130 Lenore Dr. Glendale, CA 91206	
17	Fremont Park	600 W. Hahn Ave. Glendale, CA 91203	
18	Glendale Heritage Garden	141 S. Cedar St. Glendale, CA 91205	
19	Glendale Narrows Riverwalk	300 Paula Avenue, Glendale, CA 91201- West Entrance	
20	Glendale Sports Complex	2200 Fern Lane Glendale, CA 91208	
21	Glenoaks Park	2531 E. Glenoaks Blvd. Glendale, CA 91206	
22	Glorietta Park	2801 N. Verdugo Rd. Glendale, CA 91208	
23	Griffith Manor Park	1551 Flower St. Glendale, CA 91201	
24	Harvard Mini Park	425 W. Harvard Glendale, CA 91204	
25	Maple Park and Community Center	820 E. Maple St. Glendale, CA 91205	
26	Maryland Avenue Park	812 S. Maryland Avenue, Glendale, CA 91205	
27	Mayors Bicentennial Park	1787 Loma Vista Dr. Glendale, CA 91208	
28	Milford Mini Park	601 W. Milford Ave. Glendale, CA 91203	
29	Montrose Park	3529 Clifton Place, Glendale, CA 91208	
30	New York Park	4525 New York Ave. Glendale, CA 91214	
31	Nibley Park	1103 E. Mountain St. Glendale, CA 91207	
32	Oakmont View Park	2940 Oakmont View Dr. Glendale, CA 91208	
33	Pacific Park & Community Center	501 S. Pacific Ave. Glendale, CA 91204	
34	Pacific Community Pool	509 S. Pacific Ave. Glendale, CA 91204	
35	Palmer Park	610 E. Palmer Ave. Glendale, CA 91205	
36	Pelanconi Park	1000 Grandview Ave. Glendale, CA 91201	
37	Piedmont Park	1145 E. Lexington Dr. Glendale, CA 91206	
38	Rockhaven - CLOSED FOR PUBLIC USE	2713 Honolulu Ave., Glendale, CA 91020	
39	Scholl Canyon Athletic Fields	3200 E. Glenoaks Blvd. Glendale, CA 91206	
40	Scholl Canyon Golf Course & Tennis Center	3800 E. Glenoaks Blvd. Glendale, CA 91206	
41	Scholl Canyon Park & Picnic Area	2849 E. Glenoaks Blvd. Glendale, CA 91206	
42	Sparr Heights Community Center	1613 Glencoe Way Glendale, CA 91208	
43	Stengel Field	1601 Canada Blvd. Glendale, CA 91208	
44	Verdugo Park	1621 Canada Blvd. Glendale, CA 91208	
45	Verdugo Skate Park	1621 Canada Blvd. Glendale, CA 91208	
46	Wilson Mini Park	1101 E. Wilson Glendale, CA 91206	
47	Windsor Mini Park	1300 E. Windsor Glendale, CA 91205	



Parks, Community Centers, Historic Sites, and Special Use Facilities